

# salvos

*magazine*

RED SHIELD APPEAL 2024

## A new beginning

Giving vulnerable Aussies  
a fresh start in life



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### FEATURE

Salvos  
highlights  
2022-2023

### FAITH TALK

Wise and  
timeless  
advice

### MY STORY

National  
Volunteer  
Week



Your support can give those in  
need a new beginning.

Get involved this

**Red Shield Appeal Weekend**

**25-26 May**



Scan here for  
more info on the  
Red Shield Appeal.



**RED  
SHIELD  
APPEAL**



## The Salvation Army is about giving hope where it's needed most.

### What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

### Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

### Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice



The Salvation Army Australia acknowledges the Traditional Owners of the land on which we meet and work and pay our respect to Elders, past, present, and future. We value and include people of all cultures, languages, abilities, sexual orientations, gender identities, gender expressions, and intersex status. We are committed to providing programs that are fully inclusive. We are committed to the safety and well-being of people of all ages, particularly children.

# Salvos Magazine

**Founders** William and Catherine Booth

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General Lyndon and Commissioner Bronwyn Buckingham

**Territorial Leader** Commissioner Miriam Gluyas

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The Salvation Army Australia Highlights 2022-23

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Always relevant



**My Story [12]**  
Volunteer Alissa gives back

## A new beginning

We all make mistakes. Some of us have regrets in life and wish we'd done a few things differently, made better decisions. We relish the opportunities for a new beginning, a fresh start.

'Give a new beginning' is the theme for this year's Salvation Army Red Shield Appeal – the Salvos' major annual fundraiser already in full swing across a range of online platforms and physical donation points.

The funds raised through the appeal provide much of the income needed to operate Salvos social services, which are seeing a huge increase in demand due to the spiralling cost of living, rising rate of family and domestic violence, social injustice and unrest, natural disasters and spiritual hunger.

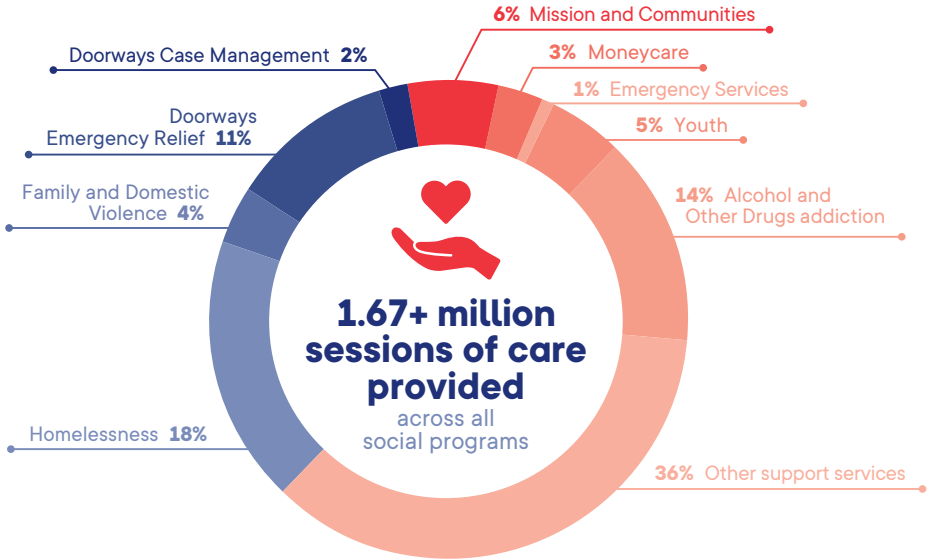
Your support of the Red Shield Appeal, however small, can help ensure ongoing help is on hand for those facing some of their darkest days.

Let's do what we can to help our fellow humans in desperate need find hope again through a fresh start and a new beginning.


To find out more about the Red Shield Appeal 2024, go to [salvos.org.au](http://salvos.org.au)

Simone Worthing **Editor**

# THE SALVATION ARMY AUSTRALIA HIGHLIGHTS 2022-23



**nearly \$25 million of financial assistance provided**  
in cash, gift cards, vouchers, etc




**provided 1.2 million+ nights of accommodation**  
across all social programs



**250,000+ people assisted**  
across all social programs



## Salvation Army faith ministry

**300+ Salvation Army corps (churches)**  
in the community



**700+ Salvos officers**  
actively serving in the community



**nearly 439,000 church attendances**  
on weekday and Sunday



### Homelessness

**1.63+ million meals provided**

to people who accessed homelessness services



**nearly 820,000 crisis beds provided**

to people who experienced homelessness

### Salvos Housing



**3000+ people provided with housing**

### Moneycare

**more than 13,000 people received financial counselling**



### Addiction

**12,000+ people assisted with addiction**

to alcohol and other drugs or gambling at rehabilitation services



### Salvos Stores



**42 million+ items sold in Salvos Stores for reuse**

translating into a remarkable reduction of 583,800 tonnes of CO2 emissions

### Doorways & Mission and Communities



**more than \$16.6 million of financial assistance distributed**

### Family and Domestic Violence (FDV)



**10,000+ women and children supported**

**123,000+ nights refuge/emergency accommodation provided**



### Salvation Army Emergency Services (SAES)

**\$8.3+ million of financial assistance distributed**

to those impacted by disaster



### Youth



**more than 4200 young people assisted**

### Employment Plus

**assisted 36,000+ job seekers**

to find employment



### Aged Care



**3000+ seniors being cared for**

in residential Aged Care facilities

### Salvos Funerals

**nearly 600 families served with their funeral needs**



# A safe place to recover and rebuild

'Sanctuary' opens for women and children fleeing violence in the NT

By Kirralee Nicolle

The Salvation Army has unveiled a refuge for women and children escaping violence in the Northern Territory.

The Family Violence Refuge Service was officially opened in Palmerston on 10 April. The centre is set to offer safe housing for approximately 40 women and 70 children over the next 12 months, with a purpose-built facility comprising 10 crisis accommodation units. The rate of those fleeing family violence in the region has outnumbered the available accommodation of its kind in the past few years.

The Salvation Army's General Manager for Family and Domestic Violence Services, Lorrinda Hamilton, said family and domestic violence was one of the leading causes of homelessness for women and children. Tragically, one

in four women experience domestic violence in their lifetime.

"It is vital that women fleeing abuse have a safe place to recover and rebuild their lives," she said. "This new facility will allow more vulnerable women and children to have such a sanctuary."

The refuge features eight two-bedroom units for small families and two one-bedroom units designed with access for women with a disability that are also large enough for a woman and an infant, and come with children's play area, individual kitchen and bathroom.

## COMBINED FUNDING

The facility was built on an existing site for almost \$8.5 million, including \$5.6 million provided by the Commonwealth Government Safe Places Program. As part of this program, the Northern Territory Labor Government has also committed \$852,000 in funding from August 2022 and a further \$5.9 million over the next four years towards operational costs.

The Salvation Army funded the remainder of the cost of the build through bequests and the sale of a property.

Lorrinda said the design drew on local feedback, international and national evidence and best-practice research.

"The centre will provide specialist family violence services and therapeutic, functional, independent and culturally sensitive accommodation to address the increased demand for family violence



Leader of the Salvos in Australia, Commissioner Miriam Gluyas speaks with Professor Hugh Heggie, Administrator of the Northern Territory.



Special guests from The Salvation Army, Northern Territory Government and Indigenous community at the opening.

refuge in the area,” Lorrinda said. “We are deeply grateful to the Federal and State Governments who have supported this critical response.”

The facility is one of 15 Salvation Army refuges of its kind across Australia, with more set to open later this year through the same state and Commonwealth funding model.

### LIFE AND HOPE

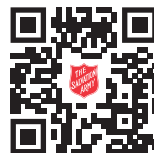
Leader of the Salvos in Australia, Commissioner Miriam Gluyas, attended the opening, and said the centre was an incredible facility with beautiful staff who would bring life and hope to families who had experienced things that they should never have gone through.

“Our mission statement says that wherever there is hardship or injustice Salvos will live, love and fight alongside others, transforming Australia one life at a time with the love of Jesus,”

she said. “This is what our centre at Palmerston is all about.”

The Salvos’ Family and Domestic Violence Services team offers prevention and early intervention services; specialist family violence case management services; refuge and accommodation services; men’s programs; children and parenting services; brokerage services; counselling services; security and safety upgrades; and orange door services to those fleeing or recovering from violence.

In 2023, The Salvation Army provided 123,000 nights of refuge and emergency accommodation, helping a total of 10,000 women and children.



Scan here for more information about The Salvation Army’s Family and Domestic Violence Services.

## Red Shield Appeal soup stall success

Lacy Carroll heard about the work of the local 2508 Salvos mission in town from her mum, who works for Equilibrium Healthcare in Helensburgh, south of Sydney.

Earlier this year, Equilibrium Healthcare partnered with 2508 Salvos by generously offering Mission Leader, Lauren Martin, and Community Caseworker, Niasha, the use of a consulting room when needed, at the centre. "This has been wonderful," says Lauren. "We don't have an office space in Helensburgh, and we can't afford to rent one. Partnering with Equilibrium Healthcare has allowed us to meet community members in a confidential, professional space, to talk about what is going on in their lives and how The Salvation Army, or other referral agencies, might be able to assist."

It has also paved the way for doctors and other health professionals at Equilibrium Healthcare to encourage people in need to make an appointment with the Salvos. As a result several patients are now receiving assistance and support.

Equilibrium Healthcare nurse, Jackie, could see how the Salvos were bringing



Funds raised at the soup stall go into the local community.

hope in the local community and became passionate about assisting through fundraising. She suggested to her daughter, Lacy, that they hold an Anzac biscuit stall in front of the centre during the week of Anzac Day.

### FUNDS STAY LOCAL

It was a huge hit! Lacy involved friends, Addi and Heidi, and said she had lots of fun using the EFTPOS machine and wanted to be part of helping people in need, like people who are experiencing homelessness.

On Anzac Day, another friend, Keira, joined them and their parents for a Salvos Soup Stall.

"This amazing group of friends, and their parents, raised just over \$1,000 for our local Red Shield Appeal, which is incredible because everything we do here is funded through donations and fundraisers," says Lauren.



Three friends raised money for the Salvos in their holidays.



Scan here for more details on the Red Shield Appeal.



# The struggle of Australia's most vulnerable

The Salvos' annual Red Shield Appeal is in full swing, with the need for its services and support greater than ever before. New research has highlighted the depths of the cost-of-living crisis, with 94 per cent of respondents saying they are struggling to afford essentials, such as housing, groceries, medical care and utilities.

Sixty-three per cent of respondents had skipped meals and 45 per cent had to choose between paying for housing or buying food. Shockingly, the research also found over one in four (27 per cent) of respondents were forced to consume expired or spoiled food, while one in 20 had to eat food from rubbish bins.

The research surveyed 1500 people who had reached out to the Salvos' Doorways financial relief service over a 12-month period. It showed 61 per cent of respondents – more than six times the national average of 10 per cent – could not afford to pay their utility bills on time.





**\$125**  
can help provide a  
night of emergency  
accommodation







**\$30**  
can provide a week  
worth of breakfasts for  
a struggling family



A 33-year-old mother who accessed support said: “[I’m] having to constantly borrow money off friends ... I’m having to go days without eating so my kids can eat, cancelling specialist appointments that are a requirement for my health, due to the cost of living.”

The Salvation Army’s Major Brendan Nottle said the numbers were frightening. “In a ‘lucky’ country like Australia, individuals and families shouldn’t have to make these sorts of decisions. But these are the people the Salvos help every day as we try to give a new beginning to those struggling in our community.

“Our research found 92 per cent of respondents said they would not have managed without the help they received from The Salvation Army. Behind every one of these stats are real people and they can all be profoundly impacted by the support of The Salvation Army, with your help.”

# Always relevant

The wise and timeless advice of the Bible

**In the final article of a three-part series, MAL DAVIES talks about the world's bestselling book – the Bible – and how it is still relevant, and needed, today.**

In Act 1, Scene 3 of William Shakespeare's Hamlet, a young man called Laertes is about to travel away from Denmark and he farewells his sister, Ophelia, and his father, Polonius. As a wise and loving father, Polonius offers his son some advice.

He tells Laertes to be friendly to others but avoid being vulgar; to be wary of entering into arguments; to listen and speak with wisdom and discernment, and to watch his spending habits. He concludes by saying, "This above all: to thine own self be true." It's a fitting final word about being guided by his own conscience and moral code.

“

**Good advice is timeless.**

”

Shakespeare wrote Hamlet in about 1600, and the advice Polonius gives Laertes is still good advice today, more than 400 years later. I'd give my son the same advice if he was going on a long trip today. Good advice is timeless.

## **STILL RELEVANT?**

Some people challenge the Bible by asking if it's still relevant and applicable to life in the 21st century. After all, parts of it were written many thousands of years ago and even the most recent parts were written nearly 2000 years ago.

However, I'd suggest that the advice and lessons and teaching it offers are still highly relevant and well worth reading, reflecting on and putting into practice.

In the story of 'the good Samaritan', Jesus spoke about our duty of care to those in need. If someone is experiencing a crisis, we're not to run them through a questionnaire on their life choices and lifestyle first! We're expected to help them.

Jesus also said not to put too high a priority on accumulating money or possessions, but to consider these things in correct priority order with loving God and others. As he said of one man and his wealth, "You fool! This very night your life will be demanded from you. Then who will get what you have prepared for yourself?" (Luke chapter 12, verse 20).

## **GREATEST TEACHINGS**

Some of Jesus' greatest teaching was in relation to showing humility and about serving others. It was common for rabbis in the Jewish faith to have disciples who would revere and respect their teachers greatly. Jesus' disciples (followers) considered him their rabbi and they loved and admired him. Imagine their shock when, once, he washed their feet after travelling and advised them to offer similar humble service to others.

In our modern era where mental health issues are experienced by so many people, Jesus advised us to love others but also, importantly, to love ourselves.



PHOTO BY SAMANTHA SOPHIE ON UNSPLASH

It's the sort of word so many young people especially need to hear these days – you're worthy, you're valued, you're seen, you're important – love yourself!

Perhaps one of Jesus' most important teachings was to treat others as you would like to be treated. Do you want people to be kind to you? Be kind to them. Do you want people to show you grace? Show grace to others. Do you want people to forgive you when you mess up? Forgive others. Do you want people to respect you? Respect others.

As I said earlier: good advice is timeless. And this is the enduring attraction of history's bestselling book, the Bible – it's loaded with good, relevant, current, applicable, wise advice.

There are many reasons I read the Bible, primarily to know God better and to observe how Jesus lived, but I find myself also constantly turning to it for advice on how to live. Its advice was true and helpful for my grandfather, for my father, for me, for my son and for future generations. Good advice is timeless.

*Major Mal Davies is a Salvation Army officer (pastor) and writer living on Kaurna land, Adelaide.*



Scan here for more Stories of Hope.

## Volunteer Alissa gives back

When people arrive at Shire Salvos Miranda in southern Sydney on a Thursday, one of the biggest smiles that greets them is on the face of Alissa. She's a passionate volunteer and the Salvos hold a special place in her heart. This National Volunteer Week (20-26 May) the Salvos celebrate its volunteers, like Alissa, who are a vital part of its work.

"The Salvos have been helping me since I was 17," Alissa says. "And I'm 33 now. So, for half of my life I've had Salvation Army involvement. I've always felt loved and supported by the Salvos. You guys just opened your arms and helped me for all those years with no judgement."

Alissa volunteers at the Shire Salvos Miranda 'Soul Food' service. It's a meal with a difference – a variety of speakers share their experiences of faith, hope and transformation during the dinner. "I love the people that share their stories," says Alissa. "I'm learning even as I'm giving back by serving. I'm learning the meaning behind life."



Alissa's volunteering makes an impact in her local community.

Alissa also loves connecting with the community of people who visit Shire Salvos Miranda every week. "Talking to the older women and men and connecting with them, just seeing how their week was, it brings a smile to my face, it warms my heart."

When Alissa's youngest child needed heart surgery at an early age, she found support through her friends at the Salvos, who listened, cared and prayed over the family.

Alissa has also connected with the Shire Salvos Menai playgroup, where she can take her kids and spend a few hours having conversations with other mums with the same age kids. "It's great!"  
– Lauren Martin



**Half of Australian** families say they are worse off financially than this time last year

## A new beginning

Hayley's\* family lived for six months in their car with their two young children, all while Hayley was pregnant.

Hayley and Cam had been renting their small two-bedroom unit for two years, together with their children, four-year-old Carter and baby Leo.

Then everything came crashing down.

First, their landlord raised their rent. This increase came at a time when rising food, fuel and energy prices were already hurting them.

Then a few months later – another rent hike. Then another – effectively doubling their rent in the space of a year.

“Then they gave us notice to leave,” Hayley shares. “And we found out we were expecting a new baby, so we were looking for something bigger, and we just couldn’t find it.

“We packed our camping gear and clothes into the car and left. We drove around for six months, just trying to live,



An increasing number of families are facing homelessness.

usually at campsites or beaches. And the whole time we were homeless, I was pregnant. It was very, very overwhelming.”

The Salvos are hearing stories like Hayley’s all the time right now.

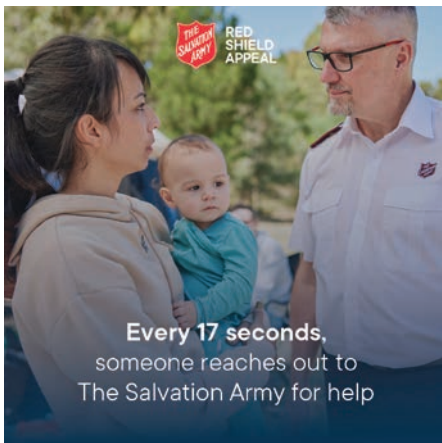
According to the latest estimates, 32,232 people are currently homeless in Australia because of the housing crisis.

But when Hayley and Cam came to the Salvos, it changed everything.

“The Salvation Army were amazing,” says Hayley. “They helped us in ways I can’t even explain. Financially, with food and petrol, with clothes, with our mental health, and with help finding a home. We got it just in time ...”

Your Red Shield support can help another family like Hayley’s have a home – and the new beginning they desperately need.

*\* Names have been changed to protect privacy.*



Every 17 seconds,  
someone reaches out to  
The Salvation Army for help



Scan here to donate  
to the Red Shield  
Appeal 2024.

## Carrot and honey soup



### Ingredients

4 cups vegetable stock; 500g baby carrots, sliced; ¼ cup honey; 3 cloves garlic, crushed; salt to taste; 150ml cream; chopped parsley

### Method

- Fill a saucepan with the vegetable stock, carrots, honey, garlic and salt.
- Bring to boil, reduce heat and simmer 30 minutes, until carrots are tender.
- Puree in blender.
- Reheat before stirring in cream.
- Garnish with parsley to serve.

## HAVE A LAUGH



What kind of art do fish like?  
**Watercolours.**

I went to the museum of miniature wind turbines.  
**Not a big fan.**

I visited the air and space museum today.  
**There was nothing to see there.**

What's a museum's favourite type of music?  
**Classical.**

## SIGNING IN



# Sudoku

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 to 9.

	8							3
	1	5						8
9					4	2		7
			3					7
8		2		4				
	4				9			6
		9				3	6	
		7			3			
1		8		9	6			



## Quick quiz

1. What matters most when steeping a cup or pot of tea?
2. Is Earl Grey tea named after a real person?
3. How should tea be stored?
4. In which country did bubble tea originate?
5. Rooibos tea is also known as what?
6. Matcha is a powdered form of which tea?

## Tum-Tum



On which page of this week's *Salvos Magazine* is Tum-Tum hiding?

## Bible byte

"Share each other's burdens."  
Galatians chapter 6, verse 2a  
New Living Translation

## WHO AM I?

**I am said to epitomise the Renaissance man.**

**I am an artist, architect, inventor, musician, engineer, mathematician, sculptor and geologist.**

**I invented the ball bearing and the parachute.**

**I painted the Mona Lisa.**

1	3	8	4	9	6	7	2	5
6	5	7	2	1	3	9	4	8
4	2	9	5	7	8	3	6	1
3	4	1	7	2	9	8	5	6
8	7	2	6	4	5	1	9	3
5	9	6	3	8	1	4	7	2
9	6	3	8	5	4	2	1	7
2	1	5	9	3	7	6	8	4
7	8	4	1	6	2	5	3	9

Tum-Tum: is hiding in the bible on page 11.

Who Am I? I am Leonardo da Vinci.

5. Redbush 6. Green tea.

the 2nd Earl Grey; 3. In an airtight container; 4. Taiwan.

Quiz answers: 1. Time and temperature; 2. Yes, Charles;



# Have you taken care of your Will?

**A gift in your Will can help The Salvation Army create a long-lasting impact in the lives of those experiencing hardship.**

---

Find out how you can start or continue your legacy of generosity. Contact The Salvation Army's Wills and Bequests team and ask for a free Wills booklet.

Together, we can give hope where it's needed most long into the future.



**CONTACT US TODAY**

1800 337 082 or visit  
[salvationarmy.org.au/wills](https://salvationarmy.org.au/wills)

