

salvos

magazine

ANZAC DAY 2024



Serving those who serve

Out bush with the Red Shield Defence Services



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FAITH TALK

No x-ray
vision
required

MY STORY

A new
life after
gambling

NEWS

Free
healthcare
in Tasmania



“They shall grow not old,
as we that are left grow old:
Age shall not weary them,
nor the years condemn.
At the going down of the sun
and in the morning
We will remember them.”
Lest we forget.

The Ode comes from *For the Fallen*, a poem by
English poet and writer Robert Laurence Binyon
(1869-1943).



The Salvation Army is about giving hope where it's needed most.

What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice



The Salvation Army Australia acknowledges the Traditional Owners of the land on which we meet and work and pay our respect to Elders, past, present, and future. We value and include people of all cultures, languages, abilities, sexual orientations, gender identities, gender expressions, and intersex status. We are committed to providing programs that are fully inclusive. We are committed to the safety and well-being of people of all ages, particularly children.

Salvos Magazine

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Overcoming life's battles

Reflection and response

As Anzac Day approaches, wars and conflicts, hate and violence continue and are escalating around the world. It seems that no country, however seemingly peaceful, is exempt.

In Australia, Anzac Day is a time to reflect, to commemorate and to remember those who have died in wars for our nation and those who serve today. We also think of the many who have returned and who face numerous challenges as they try to re-establish their lives.

In this edition, we feature the ongoing work of The Salvation Army's Red Shield Defence Services (RSDS) and its representatives. These men and women offer refreshments, a listening ear and encouragement to Australian Army personnel on location, as well as support to families living on base and in the local community.

John also shares his story of volunteering with the RSDS and the positive impact helping support Army cadets-in-training has had on his life.

Lest we forget.

Simone Worthing **Editor**

Serving those who serve

Out bush with the Red Shield Defence Services

The Salvation Army's Red Shield Defence Services (RSDS) in Australia has long had a special relationship with the Australian Defence Force (ADF), offering practical, emotional and spiritual support in difficult situations and in everyday life. As RSDS representatives prepare to serve at Anzac Day services around the country on 25 April, Salvos Magazine presents a snapshot of this unique ministry.

The history of the 'Sallyman' and 'Sallyma'am' (as they are affectionally called) in Australia dates back to the Second Boer War in 1899. William Booth, Co-founder of The Salvation Army, sent Adjutant Mary Murray to offer the troops a place of respite and someone to talk to. Mary did just that, setting up a tent that soldiers from both sides of the fighting could access, providing a hot cuppa, biscuits and a listening ear.

"This outreach has continued through every conflict that has involved the Australian Army," said Major Brett Gallagher, Chief Commissioner of the RSDS. "And this is what we continue to do today, 125 years later."

Around the nation, RSDS representatives support Australian Army personnel and their families – on the bases, on exercises at various locations and occasionally overseas.

There are currently 13 RSDS representatives at five Army bases around Australia; three representatives at Royal Military College, Duntroon; and one in Melbourne who oversees veterans' ministries.

In Canberra, Majors Joanne and Kenneth Delamore provide a valuable ministry at The Royal Military College, Duntroon and the Australian Defence Force Academy.

"We're the Salvation Army officers, Sallyman and Sallyma'am," says Kenneth. "We take our truck and provide a



Cadets-in-training gather around the RSDS truck for their drinks, snacks and catch-ups with the Salvos.

practical service of tea, coffee, lollies, biscuits, all that practical good stuff, but also a listening ear. And when you're out bush and doing it hard, as the cadets are more often than not, when we come in for that five, 10 minutes, one hour, whatever it is, it's a real morale booster."

Army Cadet Lawrence David backs this up. "Whenever I see the truck roll up, it always gives me this hope or this motivation. It's a lift, a push, to my morale. So, in those stressful moments, in those hard days, whenever I see the truck, it's always really encouraging to me, like, oh, there's the truck, there's someone to talk to."

MORE THAN A CUPPA

Joanne explains that there is more behind their ministry than just having a cuppa and a chat. "The cadets will often talk with us about some of their life struggles and concerns," she says. "It's a chance for us to support and encourage them. They also ask about any news, sports results and what's happening in the world. We have a laugh and build relationships. This opens the door to deeper conversations."

The growing number of females in the Army will often come to Joanne to talk. "As with the guys, it's a chance for the women to chat to someone who is not in their chain of command about their lives and often, their challenges," she says.

Joanne can often be found dropping off batches of her famous Anzac biscuits to battalion headquarters, families and different groups. "People see that you're there for them and it opens doors for our ministry," she explains.

"I love that we have the freedom within the defence structure, as part of The Salvation Army, to support people in their daily lives, and that we're valued in those spaces."



Majors Joanne and Kenneth Delamore are based at the Royal Military College, Duntroon, in Canberra.

COMING FULL CIRCLE

At the Edinburgh Defence Precinct in South Australia, RSDS representative, Auxiliary-Lieutenant Vaughan Agnew, says his work focuses on "hanging out and doing life with people, having a chat and providing support. I am part of the Welfare team and I work heavily with the padre (chaplain) and the welfare officer," he explains.

Vaughan also takes his truck "out bush" for regular stints away with the 1st Armoured Regiment, part of the 9th Brigade. He is usually away around 13 weeks per year, with each stint varying from 2-3 weeks, or slightly longer. ►



Aux-Lieux Vaughan Agnew, former Army soldier, is now serving others on base and location in South Australia.

When requested, he also helps support the Reserves, as well as the cadet and other units. Vaughan supplies the Sallyman coffee, tea, cordial, lollies and biscuits on the barracks when asked.

Vaughan, who grew up in The Salvation Army, served in Darwin in the 2nd Calvary Regiment from 2002-2006.

"I understand what soldiers typically go through, and the importance of just having a friendly sounding board – someone they can safely and comfortably have a chat to outside their chain of command – a civilian but who dresses and talks like them," he says. "I also understand the Sallyman and the Salvos, and all they can offer.

"With my background, I am already connected to the soldiers. I'm a trusted person because of my background – I'm part of the brotherhood. It's a level playing field and an amazing space to step into.

"No matter what I do in this big organisation, God is in everything. He puts the right person in my path at the right time. All I have to do is be obedient and follow him."

Vaughan has worked with defence families on the base as well. This role is now covered by another RSDS representative, Major Mairi Mitchell.

LEANING ON JESUS

"In all the good times and the really tough, I still love what I do," said Major Sue May, who came out of an early retirement to serve for the third time as an RSDS representative at the Robertson Barracks, Darwin.

"The simple act of giving 'a cup of cold water', giving a little encouragement, sitting with people in their 'stuff', and sharing the journey with those I meet – it's quite a privilege. I share my experience along the way so that people know



Major Sue May loves her long-time role with the RSDS.



The RSDS truck accompanies the troops for their exercises in a range of locations for weeks at a time.

I lean on Jesus to get through. Hopefully, they will see Jesus in this Sallyma'am."

Sue began her RSDS work in Townsville with her husband, Henry, their two young boys and pregnant with their daughter. Henry was frequently away 'out bush' supporting the soldiers. He went to Cambodia for six months to serve with the RSDS there while Sue looked after their young family and supported the soldiers, their partners and families.

Since then, Sue has served the RSDS in Singleton (NSW) and Edinburgh (SA), as well as a variety of other roles with the Salvos in between.

"With this being my third time at Robertson, I know my way around," she says. "I spend time talking with those who come for their 'jube or a brew', wherever they are training, and that's where we have a laugh, sort out the world, or occasionally, find people who are doing it tough.

"Maybe because I have the 'wisdom highlights' in my hair, they look on me differently. I find it easy to chat to

people of all ages. They respect RSDS reps for who we are and what we bring as Sallyman and Sallyma'am. And, having done both the truck and family side of the role, I can bring both sides to the conversation.

"It's the whole package, whether we're male or female, we bring a little bit of home – around the truck, and especially in our 'Hop In' (recreational facilities on the base). They can relax and, perhaps, let their guard down if they need to.

"We also see many nationalities and cultures, including Indigenous, and we treat all people the same. We bring non-judgemental caring to what we do out in the bush, on the base and wherever we are."

For the full version of this story, see [Salvosonline.org.au](https://www.salvosonline.org.au)



Scan here for more stories of hope.

Providing free healthcare for Tasmanians doing it tough

The Salvation Army's Doorways (emergency relief) program in Glenorchy (Tas) has joined with the Moreton Medical Group to facilitate providing weekly free healthcare to people who are unable to access a general practitioner (GP).

It has also proven to be life-changing for those who can't afford medical care.

"Nurse Practitioner Kristina (Kris) Mullins and her team are nothing short of amazing," said Shelley Hyland, Coordinator of Doorways Glenorchy.

"They treat a range of medical issues, provide scripts and refer to specialist health services to community members who are unable to access a GP. Kris and her team are extremely professional and passionate about their work and have a great ability to connect with financially disadvantaged and vulnerable community members. They take time to really listen and have developed a clear understanding of environmental issues impacting patient's health concerns, including primary homelessness."



The mobile outreach service provides a medical lifeline to the vulnerable and those facing hardships in Glenorchy.

Moreton Medical Group is partially funded by the Tasmanian Department of Health and Primary Health Tasmania, with the service operating in Hobart and surrounding precincts at several locations for more than eight years.



Nurse Practitioner Kris Mullins attends to a local community member during the outreach service.

"Many of their patients may not seek medical treatment if it were not for this service or may wait until an emergency arises before calling an ambulance or presenting at Emergency Response (ER) at the local hospital," said Shelley.

"The Moreton Medical Group complements our programs and greatly assists in providing a holistic approach to people engaging with the Salvos services."

For Kris, health is not only being free from disease but a whole state of wellbeing.

"Working with The Salvation Army has meant a collaborative approach to client management that addresses not only the immediate health needs of the community but the underlying causes," she said. "I am forever grateful for their support, knowledge and expertise to help the community." – **Lerisse Smith**

National approval for Salvos Social Missions

The Salvation Army's national Social Mission team has received overwhelmingly positive results in a recent accreditation process.

The department undertook Health and Community Services Standards Accreditation (QIC), a review process that analyses community- and wellbeing-focused programs according to five standards: governance, management systems, consumer and community engagement, diversity and cultural appropriateness and service delivery.

These standards were applied to all four Social Mission focus areas: alcohol and other drugs, homelessness, family violence and youth services. In all these areas, the auditors found no areas of non-conformance, with some opportunities for improvement serving as a guide to make social services even more effective, according to Chief Secretary Colonel Winsome Merrett.

Head of Quality and Safeguarding for the Salvos, Bernadette Roberts, said the accreditation reviewers' response to the audit and their positive feedback was consistent across all Social Mission sites, streams, business partners and mission-enabling functions.

"It was encouraging to see the multitude of examples that clearly demonstrate person-centred, safe, seamless and effective experiences for the people Social Mission support," Bernadette said.

The auditors' feedback reflected that Social Mission personnel demonstrated



Person-centred care is the focus of social mission.

a clear commitment to the department's mission, vision and values in all areas. Feedback from external stakeholders confirmed that our social services are considered a "benchmark" in the industry.

"This exceptional result can be attributed to our organisational culture, with the auditors sharing that staff at all levels stated they feel supported, safe, valued and empowered," Winsome said.

"My congratulations to each one of you who work within Social Mission, and my sincere appreciation and thanks for the way in which you continue to transform Australia, one life at a time, with the love of Jesus." – **Kirralee Nicolle**

No x-ray vision required

Just get to know someone

By Mal Davies

When we judge others we generally do so based on a lack of information. We see someone and immediately decide what sort of person they are. Have you ever done that? Have you ever summed someone up at a glance? And how do you feel when someone does it to you?

Many years ago I was marching in a Salvation Army band in an Anzac Day parade and the crowds that lined the streets were wonderful and supportive of those marching by. It was a beautiful autumn day and I felt proud to be Australian.

I was on the outer line of band members, right near the crowd, and I could see and hear something of a commotion up ahead. It appeared that some punks were having a right old yell and carrying on somewhat.

In the lead up to the day there had been talks of protestors attending Anzac Day marches and possibly causing disruptions and, well, that's what seemed to be taking place right before my eyes.

PUT IN MY PLACE

I considered if I should say something when I reached them. I felt I should but then I also realised I was representing The Salvation Army, so I'd need to be careful of my own behaviour! I also figured it wasn't really my job; there were police present at intervals all along the parade route.

Finally, I decided that in good conscience I just couldn't march by without saying something, so I put together in my mind some words of admonition to put them in their place.

As I got to the punks, I could more clearly hear what they were saying: "Good on ya, digger!", "Well done, mate", "You guys are legends," "Brilliant effort, lads." They were clapping hands and waving and cheering for the veterans more than anyone along the whole march.

“

**I've judged a lot of people
wrongly in my life ...
I pray that God teaches
me to see as he sees.**

”

Well ... that put me in my place. I'd seen them and assumed the exact opposite of what the reality was. They weren't jeering, they were cheering, and they were doing it with nationalistic pride and immense passion.

The Bible contains many warnings about judging others and, in one, Jesus says quite simply: "Stop judging by

mere appearances but, instead, judge correctly" (John chapter seven, verse 24).

There is a story in the Bible of a man called Samuel, who was chosen to identify the man God had chosen to one day be king of Israel (plot spoiler: it was David). Samuel looked at David's older brothers and none of them seemed to be right, and then saw the small, younger brother. God seemed to say, "It's him."

Samuel wasn't convinced at first, but God said to him, "Other people judge on outward appearance, but I look at a person's heart" (1 Samuel chapter 16, verse seven).

SEEING AS GOD SEES

Most of us don't have x-ray vision or the ability to see into someone's heart, so how do we get to see what's in there? Easy – we get to know someone.

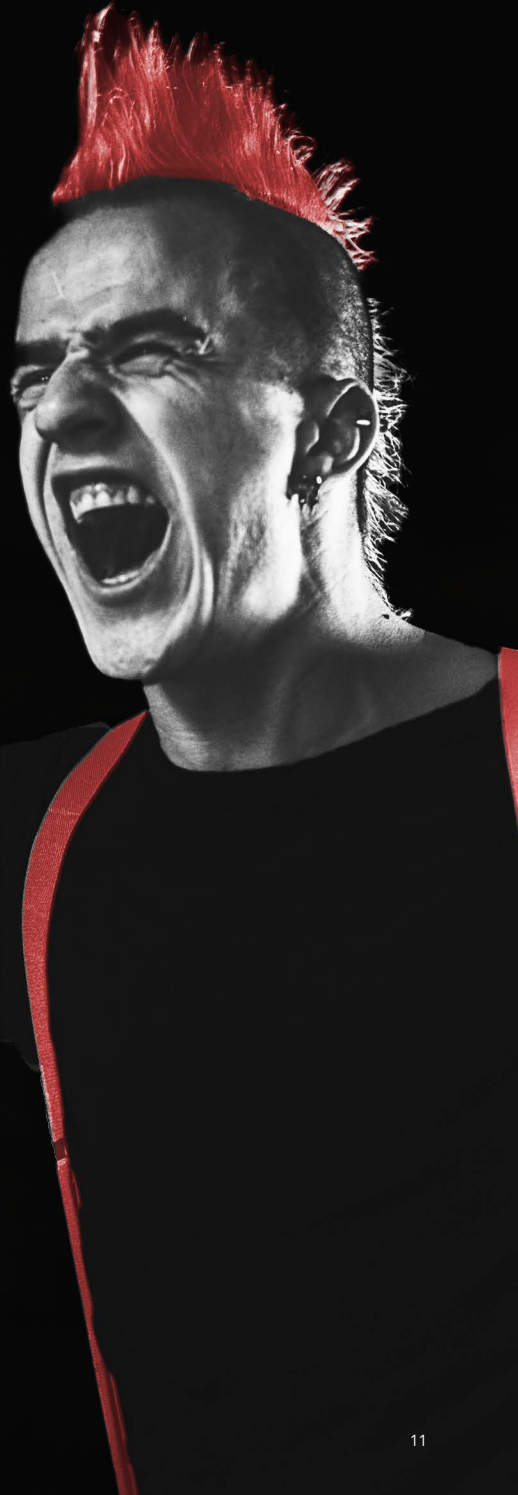
We spend time with them. We hear their story. We assess their personality and character. We observe how they treat others. We listen to their words and note their actions. We build up a character study that allows us to 'see' their heart.

I've judged a lot of people wrongly in my life, including some punks one Anzac Day; I pray that God teaches me to see as he sees.

Major Mal Davies is a Salvation Army officer (pastor) and writer living on Kaurna land, Adelaide.



Scan here for more stories of hope.



Overcoming life's battles

John discovers true worth as an RSDS volunteer

After going through the Bridge Program for gambling addiction at the Salvos' William Booth House, John took up the opportunity of becoming a volunteer with The Salvation Army's Red Shield Defence Services (RSDS). John says when he arrived he was very low, but that volunteering in this capacity has changed his life. It has given him a purpose and has boosted his self-esteem.

"I am originally from New Zealand," says John. "I've been in Australia now since 1995. I'm a compulsive gambler. In 2005, I had a run-in with the police. My court-appointed lawyer's brother used to work at William Booth House in the Bridge Program. And she asked me why I was in court and the reason for it and all that.

"When I'd told her, she said, 'Well, when you get sorted out, come and see me and we'll get you into a rehabilitation program.' And that's how I become involved with The Salvation Army. They just sort of said, do you want to become a volunteer?"

CALM PRESENCE

Major Kenneth Delamore, RSDS Officer in Charge and Senior Representative at Royal Military College, Duntroon, shared that John is "very easy to get on with. He has a great sense of humour. He has a lot of knowledge about sports and things in general that he can connect with the cadets on. And just to have John and his calm presence around the truck is really, really a great help. And that's taught me a lot as well.

"A lot of young cadets come in and they're first time away from home and it's somewhat overwhelming," Kenneth continued. "People get very relaxed

when they're standing around the truck having a nice cup of tea and a biscuit. They often ask questions, share, unload and all that. And we have some very deep and meaningful chats with our cadets. The impact that has on them for the good is only going to be better for them as future leaders. And we've got some great future leaders coming through."

“

Volunteering in this capacity has changed my life.

”

CONFIDENCE RETURNS

"When I first started, my self-esteem was very low because when you're in addiction, you do things that you probably never thought you could do," John shared. "You go into some very bad places. And when I first started, it was very hard ... because the cadets all call you 'Sir', and I kept looking behind me thinking, who's she talking to or who's he talking to? So, it really helped with my self-esteem. And I've changed now. I'm quite confident and I'm very grateful I suppose, of what The Salvation Army in any shape or form has done for me."



Serving on location. From left: Cadet Lawrence David, John and Majors Joanne and Kenneth Delamore.



Kenneth, left, chats with Cadet Lawrence at the RSDS truck.



John loves the energy and confidence volunteering brings.

Anzac slice



Ingredients

1½ cups rolled oats, 1½ cups plain flour, 1 cup brown sugar, 1 cup shredded coconut, ¼ cup golden syrup, 100g butter, 2 tbsp boiling water, 1 tsp bicarbonate of soda, 100g chocolate buttons

Method

- Preheat oven to 180°C. Grease 27x17cm slice tin.
- In a large bowl mix oats, flour, sugar and coconut.
- In a small saucepan, heat golden syrup and butter on low until melted.
- Stir in boiling water and bicarb, then remove from heat, pour into dry mix and mix well.
- Spoon mixture into slice tin, spreading evenly.
- Bake for 20 minutes until lightly golden. Set aside to cool.
- Melt chocolate buttons and drizzle over slice. Leave to set.
- Cut into squares.
- Enjoy!

HAVE A LAUGH



What did the librarian say
to the noisy book?
Shh, I'm trying to read
between the lines here!

Why was the math book sad?
Because it had too many problems.

Why was the book always sneezing?
It had too many dust jackets.

What do you call a story
about a broken pencil?
A pointless tale.

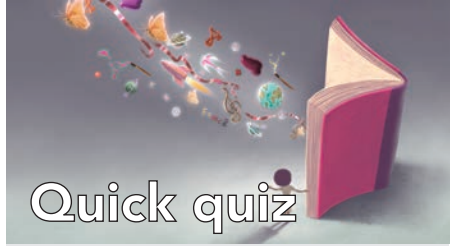
SIGNING IN



Sudoku

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 to 9.

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Quick quiz

1. Mr Darcy, Mr Wickham and Mr Allen are characters from which author's novels?
2. Who wrote *Frankenstein*?
3. Which sisters wrote *Jane Eyre*, *Wuthering Heights* and *The Tenant of Wildfell Hall*?
4. Who wrote works including *Ulysses* and *Dubliners*?
5. What language did Tolstoy originally write in?
6. What kind of creature is Moby Dick?

Tum-Tum



On which page of this week's *Salvos Magazine* is Tum-Tum hiding?

Bible byte

"The heavens proclaim the glory of God. The skies display his craftsmanship."

Psalm 19, verse 1
New Living Translation

Quiz answers: 1. Jane Austen 2. Mary Shelley 3. The Bronte sisters 4. James Joyce 5. Russian 6. A whale
Tum-Tum: is hiding in the RSDS vehicle on page 13.

ON THIS DAY...

20 April, 1902

Pierre and Marie Curie discover the radioactive element radium.

The following year they received the Nobel Prize in Physics for their research.

21 April, 1934

The 'surgeon's photo', allegedly showing the Loch Ness Monster, is published in the *Daily Mail*.

This was actually an image of a toy submarine with a head and neck made of wood putty.

21 April, 1509

Henry VIII is crowned King of England

23 April, 2005

The first YouTube video is posted.

An 18-second clip 'Me at the Zoo' - co-founder Jawed Karim at San Diego Zoo.

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| 9 | 4 | 1 | 2 | 3 | 5 | 9 | 7 | 7 | 8 | 8 |



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