

salvos

magazine



Let's get this party started

Inviting Jesus to your Easter celebrations



Vol. 004 | No. 09
25 March 2023
AUD \$1.00
PRINT POST APPROVED
PP100001474

salvosonline.org.au

FEATURE

Does my indulgence cost the earth?

FAITH TALK

If you build it, they will come

MY STORY

From chaos to calm



“If we could spread love as quickly as we spread hate and negativity, what an amazing world we would live in.”

- Author unknown



The Salvation Army is about giving hope where it's needed most.

What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice



The Salvation Army Australia acknowledges the Traditional Owners of the land on which we meet and work and pay our respect to Elders, past, present, and future. We value and include people of all cultures, languages, abilities, sexual orientations, gender identities, gender expressions, and intersex status. We are committed to providing programs that are fully inclusive. We are committed to the safety and well-being of people of all ages, particularly children.

Salvos Magazine

Founders William and Catherine Booth

General Brian Peddle

Territorial Leader Commissioner Miriam Gluyas

Secretary for Communications and Editor-In-Chief

Colonel Rodney Walters

Publications Manager Cheryl Tinker

Editor Simone Worthing

Graphic Designer Ryan Harrison

Enquiry email publications@salvationarmy.org.au

All other Salvation Army enquiries 13 72 58

Press date 10 March 2023

Printed and published for The Salvation Army by Commissioner Miriam Gluyas at Focus Print Group, South Granville, NSW



salvosonline.org.au



Feature [4]
Let's get this party started



Faith Talk [10]
If you build it, they will come



My Story [12]
From chaos to calm

The life of the party

Jesus loved spending time with people – joining celebrations, visiting people in their homes and building relationships. He also took time to teach, nurture, deeply care for and encourage all those he met.

This Easter, many of us will gather with families and friends to celebrate and enjoy being together. As we create memories with our loved ones over traditional or not-so-traditional meals, it's also an important time to reflect on the meaning of Easter and the new life available to us – symbolised by the chocolate eggs we see all around us at this time of year.

Tragically, many of the Easter eggs we eat can be traced back to sources of cacao that involve child labour and modern slavery. Melanie-Anne Holland writes about how to recognise ethically sourced Easter (and other!) treats, and how our choices can help make a difference.

Easter is about Jesus. It's about his life, death and resurrection, and what that means to us and to the world. Let's invite him to our celebrations, and into our lives, today.

Simone Worthing **Editor**

Let's get this party started

Jesus is the life of the party at our Easter celebrations

WORDS Faye Michelson

God loves a party! And we're not talking about a one-off celebration here. Thousands of years ago, God gave the Jews instructions on how to hold seven feasts every year – and God's people needed stamina for all that partying. Some feasts lasted for days!

These celebrations – the Passover, the Day of Atonement and the feasts of Unleavened Bread, First Fruits, Weeks, Trumpets and Tabernacles were more than an opportunity to enjoy fine fare and fellowship. They were – and still are – a reminder of God's provision and protection, an invitation to feast at God's table to enjoy his generous gifts with friends and family.



SHARING A MEAL

Sharing a meal with others is one of life's great joys. It's much more than good food, good company and good conversation. The tables we gather around become places of belonging and connection.

“

The tables we gather around become places of belonging and connection.

”

Jesus enjoyed times like these, too, and there are plenty of such get-togethers mentioned in the New Testament. In fact, Jesus' first miracle was at a wedding party where he famously turned water into wine. He went to a dinner party thrown by a tax collector called Matthew, and enjoyed meals with friends and his wider community (including one with 5000 people!).

He actually came in for some criticism from the religious leaders of the day for his socialising. You can almost see Jesus rolling his eyes at his critics when he says, "John the Baptist used to go without food and never took a drop of liquor all his life, and you said, 'He must be crazy!' But I eat my food and drink my wine, and you say, 'What a glutton Jesus is! And he drinks! And has the



lowest sort of friends!” (Luke chapter 7, verses 33-34 *The Living Bible*).

The last meal Jesus shared with his disciples was a Passover meal. We know it as the Last – or Lord’s – Supper, when Jesus tells his dear friends to remember him with bread as his body and wine as his blood. From this meal he went to the Garden of Gethsemane, and from there to the cross.

But we know that’s not the end of his story. We know that dark Friday was followed by an everlasting celebration because Jesus overcame death to live again on Easter morning. It’s because of this, if we choose to accept his gift of life, that we will be among the people who will “come from the east and the

west, from the north and the south, and sit down at the feast in the Kingdom of God” (Luke chapter 13, verse 29).

This Easter, many of us will get together with families and friends to sit at tables loaded with traditional dishes. It’s a time to eat chocolate eggs symbolising the new life Jesus brings, and a time to celebrate the joy of being together. It’s also the time to remember Jesus, his resurrection, and his invitation to join him at the feast in God’s Kingdom. ►



Scan here for information on assistance in the community.

Easter recipes

Treats to enjoy with loved ones this Easter

Easter cupcakes



Ingredients

450g can crushed pineapple in juice; 2 carrots, peeled, grated; 300g self-raising flour; 330g brown sugar; 55g chopped walnuts; 1 tsp bicarbonate of soda; 4 eggs, lightly whisked; 250ml vegetable oil

Icing

250g cream cheese, softened; 100g butter, softened; 160g icing sugar mixture

Optional decorations

Chocolate or lolly bunnies; icing mini flowers; mini Easter eggs

Method

Drain pineapple. Place pineapple, carrots, flour, sugar, walnuts and bicarbonate of soda in large bowl. Stir to combine.

Whisk eggs and oil until combined. Add to carrot mixture and combine. Bake in a muffin tray for 25 minutes at 180°C.

Icing

Spread cupcakes with icing and decorate.

Slow cooker lamb



Ingredients

2kg lamb leg, bone in; 1 tsp salt; pepper to taste; 2 garlic cloves, minced; 1½ tbsp dried thyme or rosemary; 1 tbsp olive oil; 500ml beef stock; 1 sprig rosemary

Method

Place lamb in slow cooker. Sprinkle with salt, pepper, garlic and thyme or rosemary. Drizzle oil over lamb, then rub on both sides.

Pour beef stock into slow cooker, add sprig of rosemary. Slow cook on low for 10 hours.

Carefully remove lamb from slow cooker and transfer to tray.

Bake at 200°C for 20 minutes or until browned. Remove and rest for 10 minutes before serving with gravy.

Salvos commended for human trafficking response

The Salvation Army received a commendation for 'Collaborative Disruption' as part of Stop the Traffik's Data to Disrupt Trafficking Awards 2022. This event celebrated collaborations, organisations and projects that are using data and technology in original ways to share information and change the environment in which trafficking and exploitation thrive.

The Salvation Army International Modern Slavery and Human Trafficking Response Team has also become one of six stakeholders whose input was included in a report to the UN General



The Salvation Army received a commendation at the 'Data to Disrupt' Awards.

Assembly. This report focused on the Trafficking of Persons in the Context of Climate Change.

Modern Slavery Statement launched

The Salvos are responding to modern slavery in Australia through direct services, raising awareness, education and community support.

The recently updated Modern Slavery Statement recognises The Salvation Army's journey to address modern slavery risks, and it represents a living document for their continued initiatives. It is integral to The Salvation Army Australia articulating its vision of seeing lives transformed through the love of Jesus.

Recent years have been incredibly tough, with drought, bushfires, floods, a global pandemic and ongoing rises in the cost of living.

The Salvos have seen this result in not only increased vulnerability and demand

for their services, but also a newfound ability to quickly, creatively and collaboratively adapt, which they are striving to apply in their modern slavery initiatives.



For more information go to bit.ly/3ZQ2JOX

Does my indulgence cost the earth?

Choosing an ethical Easter

WORDS Melanie-Anne Holland

Australians love chocolate. We spend close to \$200 per person on chocolate each year. And to be honest, I think dark chocolate is scrumptious.

Thoughts of chocolatey anticipation loomed over my Easters as a child, and at the time I thought it was particularly mean of my mum to make me wait until Easter Sunday morning to indulge. How wonderful those eggs tasted when the wait was over!



THE DARK SIDE

For many, Easter is synonymous with chocolate eggs and bunnies, but beware the dark side of our chocolate obsession. One area of concern is the human cost, with issues of slavery and exploitation related to the ingredients that make chocolate continuing to be a problem.

The second issue is the environmental cost, with deforestation, pollution and carbon emissions associated with transporting chocolate products adding to the strain on our over-stretched ecosystems.

With this in mind, I offer the following things to consider as you buy gifts for others (and treats for yourself) this Easter.

- **Organic certification:** This means that no extra chemicals such as pesticides and fertilisers have been used in the production of the ingredients that make chocolate, including milk, cocoa and sugar. This is a great start because it is less damaging to the places where these ingredients are grown.
- **Palm oil free or palm oil sustainability certification:** Palm oil is often used in chocolate (and many other food products); however, vast tracts of rainforest are being destroyed to make way for more plantations. By reducing demand for palm oil products, we can help to keep rainforests intact and protect species like orangutans that rely on them.



**FAIRTRADE
INTERNATIONAL**

Fairtrade is about stable prices, decent working conditions and the empowerment of farmers and workers around the world.



The Rainforest Alliance certification on a product means the product or company has been audited to meet standards that require environmental, social and economic stability.



The UTZ logo means the company supports sustainable farming by sourcing UTZ certified coffee, cocoa, tea or hazelnuts.

- Fairtrade certification:** This ensures that all work practices behind the product have been checked for safety and fairness. Farmers receive fair prices for their products and receive training and support in ecologically sustainable agricultural practices. Fairtrade also supports community development, gender equity and the eradication of modern slavery. Some chocolate producers have chosen to be certified through the Rainforest Alliance, which also seeks to address issues of fair work, promoting ecologically sustainable farming practices while protecting rainforest habitats and communities.

While the chocolate industry widely recognises the need for greater attention to their supply chain and protections against slavery and child labour, not every company is fully accredited. As consumers, we have the opportunity to create greater incentive to businesses by being more discerning, and buying only those brands that are committed to ethical sourcing. If you can't find chocolates that meet these criteria, maybe it's time to shift to other treats like hand-painted eggs, candy eggs, hot cross buns or carob treats.

As a person of faith, Easter is so much more than the chocolate I will eat. For me, Easter is a celebration of God's love for all creation, with themes of emancipation, resurrection and the powerful hope of flourishing Life. My plan is to make sure that my chocolate is consistent with this message.

Major Melanie-Anne Holland is a Salvation Army officer (pastor) in NSW. She also holds a Bachelor of Environmental Science (Hons).

ETHICAL EGGS

For more information and where to find ethically sourced chocolate, go to:

fairtradeanz.org/

chocolatescorecard.com

choice.com.au/food-and-drink/sweets/chocolate/review-and-compare/dark-chocolate

choice.com.au/food-and-drink/sweets/chocolate/review-and-compare/milk-chocolate



If you build it, they will come

Growing relationships in your neighbourhood

WORDS Dean Simpson



Building a garden was an ideal project during lockdowns and COVID restrictions.

One of my favourite movies is the 1989 baseball drama *Field of Dreams*, starring Kevin Costner.

In the movie, Costner's character, Ray, is in a relationship wrestle with his deceased father, who was a devoted baseball fan. Walking in his Iowa cornfield one night, Ray hears a voice telling him, "If you build it, he will come." The voice is accompanied by a vision of a baseball diamond in the cornfield.

During the COVID-19 pandemic and its associated lockdowns, my wife and I built our own 'baseball diamond' in the front yard of our house, but we did not expect who or what 'would come'.

OK, we didn't build an actual baseball diamond; we decided to turn our sloping piece of bare land into something inviting – a garden of native shrubs and flowers, tiered rockeries, a central feature of timber steps, and a wrought iron bench overlooking it all.

Being forced to stay home, the garden was an ideal project to put our energy into. It would get us outside, give us some exercise and time together – and the result would be a lovely front garden.

CLOSER TO HOME

Around this time, the online Life Group that we were part of decided to make a concerted effort to pray for our immediate neighbours. We noticed our world had gotten 'smaller' since COVID struck, so our prayer focused on those around us.

We have lived on the same quiet street for more than 12 years. There are about a dozen or so houses in the street, and for the first seven or eight years, we had a cordial relationship with our neighbours.

It wasn't as if we didn't try to build friendships with them. Often, we would 'bail up' our neighbours for a chat, but it always seemed forced. They seemed as busy as we were, so the neighbourly relationship was distant at best.

And then we started building the garden.

It was during the height of a lockdown, and so most of our neighbours were home too. At first, they would take a passing interest in what we were doing, but as time passed and the lockdown eased, they started gravitating closer, walking across the road or up the street to take a closer look, and eventually started to engage us in small talk.

“

It took three months to build the garden, but more importantly, we built relationships.

”

These then became full conversations, which turned into drinks and snacks and laughter as our little neighbourly community forged a closer relationship. They sometimes came across armed with a shovel or a spade, or even a potted plant to add to our garden.

It took three months to build the garden, but more importantly, we built relationships.

STREET COMMUNITY

We now socialise regularly with our neighbours. And they even invite us over to their place! Barbecues and fire pits, cheese and crackers, spontaneous gatherings in driveways, and even an '80s theme night! It's a thriving little community of love and support.

The little wrought iron bench in our front garden has played host to cups of



Neighbours regularly checked in on the garden's progress.

tea and, sometimes, deep conversations as my wife makes herself available as a listening ear to a neighbour battling a problem in life.

I recently suffered the loss of a close family member, and neighbours came over to offer their sympathy through flowers, cards, baked goods and a consoling chat.

There's still the hustle and bustle of everyday life in our street, but we all now take time to engage when we can. Perhaps COVID taught us all a lesson in that way.

Because our neighbours know we are 'church people', conversations have sometimes turned to faith, and they've asked why we believe what we believe. Some neighbours have even shared their own faith journeys or struggles with God.

We've seen God move in our street. We've seen answers to prayer. And we've had opportunities to bless our neighbours and, in return, be blessed by them.

It's almost as if God planted the seed in our minds for a garden in our front yard and said: "If you build it, they will come."



Scan here for more on finding meaning.

From chaos to calm

Ali's journey from addiction to unconditional love

WORDS Naomi Singlehurst

Just over five years ago, Ali – who today lovingly coordinates a midweek gathering and meal for 120 people at City Salvos in Adelaide – had lost everything. “My life was filled with utter chaos and destruction, trying to fill a void with an addiction to ice,” she says.

Today, Ali is five years free from drug use, deeply connected to her church and working for the Salvos as coordinator of ‘DUO’ (Do Unto Others) community meal and connection, and as a Salvation Army Doorways worker offering support and casework emergency relief, material aid and referrals.

Her passion for caring for others is deepened by the pain and struggle of her own life and the faith she discovered on her journey.

“I married quite young and that relationship dissolved after 15 years,” she says. “I then lost my career as an advanced care paramedic moving back to Adelaide and it was from that I turned to drugs. I lost everything including my children.”

A CRY FROM ROCK BOTTOM

In an unhealthy relationship during the height of her addiction, Ali also experienced extreme fear and violence. One day, literally running for her life, she jumped on a train – her clothes were torn and she was beaten, bruised and bloody.

She called her parents reverse charges and that was the turning point. Ali reconnected with her parents, undertook

residential recovery and connected with a SMART Recovery group run by the Salvos. When she remarried she was encouraged by her husband to try church at City Salvos in Adelaide.

“I found that they were just so welcoming, so loving and non-judgmental, and they really embraced myself and my husband,” she says. “Our church is our family and we are blessed to be loved unconditionally.”

Ali openly shares her story to encourage others, saying, “People here know my story, they know my background, and they see me as a tangible source of hope. I’m a miracle in a sense, given where I’ve come from to where I am now.”

“

**I’m a miracle in a sense,
given where I’ve come
from to where I am now.**

”

CARING FOR OTHERS

As coordinator of DUO, Ali and a team of caring volunteers provide a weekly community meal for around 120 people. DUO grew out of the street ministry of the Adelaide City Salvos church around 10 years ago, to provide support and connection for those struggling with



Ali feels grateful to serve through the Salvos and to God for bringing her to where she is today.

homelessness, mental health issues, isolation and disadvantage.

Community members not only share a meal but also share their talents – playing music, singing, gardening and serving others in different ways. Birthdays are celebrated, prayers are shared, small groups support each other and there are craft activities. “There is a lot of love,” Ali says. “It’s beautiful.”

DUO also offers referrals to a range of Salvation Army services, including the Doorways program, which offers crisis intervention, early intervention and ongoing support via emergency relief, material aid and referrals.

HOPE AND TRANSFORMATION

“With all the supports and all the love and light, we see transformations happen on a daily basis,” Ali shares.

“They may come in steps and we celebrate wins along the way – say, if someone has been accepted into casework, or if they’ve just been housed, or if their family is reconciled.”

As Easter approaches, Ali says, “Easter at DUO consists of a small devotion – a message of how Easter represents God’s great love for all of us, in sacrificing his only son.

“My heart and our mission here is to love this city of Adelaide as Jesus does. I feel very privileged to serve and so thankful that God rarely calls the qualified, but rather qualifies the called!”



Scan here to learn more about Easter, read personal stories of hope, or reach out for practical support.

Peach melba



PHOTO COURTESY ANDREA BEDFORD

Ingredients

100 ml cream, ½ tbsp icing sugar, 410g can sliced peaches in syrup, 1 tbsp butter, 125g raspberries, 100g granola

Method

- Put cream and icing sugar into small bowl and beat with electric mixer until whipped.
- Add the can of peaches (including syrup) to a small saucepan. Add butter and simmer on medium until peaches are hot.
- Add the raspberries and cook for a further minute or two until hot.
- Divide the mixture between four dishes, using a slotted spoon.
- Add a dollop of whipped cream and sprinkle with granola.



Quick quiz

1. What animal is an Aussie alternative to the Easter bunny?
2. What part of a chocolate Easter bunny do approximately 75 per cent of people eat first?
3. Three-quarters of the world's cocoa beans come from which West African countries?
4. How much a day do most of these farmers earn?
5. What worldwide movement requires fair pay and good working conditions to be able to use its logo?

Bible byte

“And so I am giving a new commandment to you now – love each other just as much as I love you.”

John chapter 13, verse 34
The Living Bible

Tum-Tum

On which page of this week's *Salvos Magazine* is Tum-Tum hiding?



C E E N T E R P R I S E H C R S J U M Z
 H X T G W Q B E A N S P P O A C X X A W
 O I B H E T Z C A Q T R I C V O X H R P
 C W E X I B A H N D A O W O V N G O K R
 O Y A Q A C O X V S R D B A J F L G E I
 L Z S W H G A S M D W U K M U E O S T M
 A H T G J H R L M D H C H E V C B J A A
 T Q E F G Y N I Y D I T M L P T A P D R
 E R R Y D R L Q C H T S G S E I L R T Y
 E T R A D E B M A U E F B N J O A I R D
 V F A I R T R A D E L N F J Y N H C E N
 L Q B I N T T F K E M T L D F E Y E A S
 P R V X T U G P O D S Y U W I R G C T U
 D A R K V X A I C Y L A M R R Y S C S X
 X I B R S U S T A I N A B L E E O W H B
 E R K F U D G E R W R B U S I N E S S V
 T M J B B U T T E R A P F C N L S R Z Y
 Z X C A R A M E L U A S W E E T U P U I
 V A N I L L A C C T Z R Y Y L M I L K J
 M Q C A C A O T U Z A C Q E H H J I Y J

Wordsearch

Words are hidden vertically, horizontally, diagonally, forwards and backwards. Enjoy!

- | | |
|---------------|-------------|
| Agriculture | Fudge |
| Beans | Global |
| Business | Market |
| Butter | Milk |
| Cacao | Pods |
| Caramel | Price |
| Chocolate | Primary |
| Cocoa | Products |
| Confectionery | Sustainable |
| Dark | Sweet |
| Easter | Trade |
| Enterprise | Treat |
| Ethical | Vanilla |
| Fairtrade | White |

HAVE A LAUGH

What did the astronaut say when he stepped on a chocolate bar?
I just set foot on Mars.

Why did the doughnut visit the dentist?
It needed a chocolate filling.

What do you call a sheep covered in chocolate?
A candy baa.



DID YOU KNOW?

Neighbour Day is observed on the last Sunday of March.
The first Neighbour Day was launched in 2003 as an opportunity to 'check on your neighbour'.
Relationships Australia has expanded the concept into a year-round campaign, Neighbours Every Day.

The day aims to encourage us to build respectful relationships with those around us and reduce loneliness.

Quiz answers: 1. The Billy 2. The ears 3. Ivory Coast and Ghana 4. Less than \$15. 5. Fairtrade. **Tum-Tum:** is peeking out from behind the red box on page 9.



Have you taken care of your Will?

A gift in your Will can help The Salvation Army create a long-lasting impact in the lives of those experiencing hardship.

Find out how you can start or continue your legacy of generosity. Contact The Salvation Army's Wills and Bequests team and ask for a free Wills booklet.

Together, we can give hope where it's needed most long into the future.



CONTACT US TODAY

1800 337 082 or visit
salvationarmy.org.au/wills

