

salvos

magazine



Opening our hearts to hospitality

The joy of a simple cuppa and chat



Vol. 005 | No. 14
27 April 2024
AUD \$1.00
PRINT POST APPROVED
PP100001474

salvosonline.org.au

FEATURE

Bereaved
Mother's
Day

FAITH TALK

What am
I reading?

MY STORY

Alla meets
the Salvos
in Ukraine



A TASTE OF HOSPITALITY: BREAKFASTS BUILD CONNECTIONS AND BELONGING AT THE SALVOS. SEE STORY PAGE 5.



The Salvation Army is about giving hope where it's needed most.

What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice



The Salvation Army Australia acknowledges the Traditional Owners of the land on which we meet and work and pay our respect to Elders, past, present, and future. We value and include people of all cultures, languages, abilities, sexual orientations, gender identities, gender expressions, and intersex status. We are committed to providing programs that are fully inclusive. We are committed to the safety and wellbeing of people of all ages, particularly children.

Salvos Magazine

Founders William and Catherine Booth

Salvation Army World Leaders

General Lyndon and Commissioner Bronwyn Buckingham

Territorial Leader Commissioner Miriam Gluyas

Secretary for Communications and Editor-In-Chief

Colonel Rodney Walters

Publications Manager Cheryl Tinker

Editor Simone Worthing

Graphic Designer Ryan Harrison

Enquiry email publications@salvationarmy.org.au

All other Salvation Army enquiries 13 72 58

Press date 12 April 2024

Printed and published for The Salvation Army by Commissioner Miriam Gluyas at Focus Print Group, South Granville, NSW, Darug Nation lands.



salvosonline.org.au



Feature [4]
Opening our hearts to hospitality

Faith Talk [10]
What am I reading?

My Story [12]
The right time and place

Time for a cuppa

People need each other – perhaps now more than ever – as so many are struggling with economic pressures, multiple demands on our time and resources and the ongoing challenges of life.

Often, it's the simple times of connection with others that can help us feel encouraged and supported. A laugh over a coffee, an invitation to drop by for a sandwich and a chat or having people over for a potluck meal – just being together can give us a sense of hope.

In this edition, Faye Michelson writes about the joy that being hospitable can bring. And, as Emma Lalic emphasises, connection with others doesn't need to be costly.

Community and supporting others in the tough times is essential, as several mums write about in our story on Bereaved Mother's Day. It's a day many of us have never heard of, but a day we can acknowledge those who live its heartbreaking reality.

We all face challenges of different kinds. Let's do what we can to help each other through. Anyone for a cuppa?

Simone Worthing **Editor**

Opening our hearts to hospitality

The joy of a simple cuppa and a friendly chat

By Faye Michelson

What do a cup of instant coffee and a biscuit have in common with an afternoon tea of cakes and club sandwiches served on fine china with a selection of teas and filtered coffee?

They are both ways of extending hospitality.

The *Oxford English Dictionary* describes hospitality as “the friendly and generous reception and entertainment of guests, visitors, or strangers”. The Bible has a definition, too, when it encourages us to show hospitality, “for by doing this some have welcomed angels as guests

without knowing it” (Hebrews chapter 13, verse 2 *Christian Standard Bible*). What a glorious thought!

Hospitality is more than food and beverages. These are just the vehicle for providing an environment of welcome, warmth and safety, a place to relax and receive nourishment for body and soul. A simple cuppa can extend hospitality as beautifully as an elaborate meal when it is served with friendship.

Hospitality is also more than a perfectly kept house or a beautifully decorated living room. It’s about the people. As



“A soul of hospitality and a heart of humanity is a house of love, peace, freedom, liberty, and justice.”

– Oscar Auliq-Ice

author Ralph Waldo Emerson so nicely framed it, "The ornament of a house is the friends who frequent it."

The Salvos understand the value of combining a cup of tea or coffee with a chat, and how sharing a meal connects people with each other. From a one-on-one catch-up with someone needing a listening ear to larger community get-togethers, the aim is the same – they are opportunities to show love and care to thousands of people around Australia every week.

“

A simple cuppa can extend hospitality as beautifully as an elaborate meal when it is served with friendship.

”

Community and connection

Captain Katie Ryan, Salvation Army officer (pastor) at Pakenham Salvos in outer south-eastern Melbourne, describes their Hope Café as "conversation with a difference".

The café started in the aftermath of COVID. "We saw a community of loneliness," Katie shares. "We thought, 'Let's provide a space where people can connect. It's more than just coffee, it's a space where people can come and connect and be seen and heard.'"

Open on Mondays, the café has expanded to become a place where people can be creative with art and craft activities, play games and flex their green thumbs in the community garden.

Sam Gardiner, a Salvos case worker at Pakenham, puts it simply. "I've learnt that it doesn't take much to improve the lives of people around you and your own life. It's about communication. Sometimes it's just having a cake and coffee – you don't need to be fancy; it doesn't need to be complicated."

A safe place

Launceston Salvos provide hospitality for their community's early birds with free breakfasts six days a week. And what could be more welcome on a brisk Tasmanian morning than a bacon and egg muffin and barista-style coffee?

The muffins are served three mornings a week, with staff and volunteers also offering a continental breakfast for the rest of the week, apart from Saturday. ▶



"The heart of hospitality is about creating space for someone to feel seen and heard and loved. It's about declaring your table a safe zone, a place of warmth and nourishment."

– Shauna Niequist



Corps Officer (pastor) Auxiliary-Lieutenant Roderick Brown says the meals are as much about building connections as filling stomachs. "People have found a safe place to come into," he says. And they certainly come; around 10,000 meals were provided last year.

Warm welcome

People are drawn to Ballarat Salvos' Café@102 by the warmth of the welcome as much as by the excellent coffee. When the doors opened last July, 250 people visited in the first week for a meal, a cup of coffee and a chat.



Lieutenant Graham Kennedy, Corps Officer (pastor) at the church in central Victoria, says patrons have the opportunity to donate a gold coin but people are welcome if that's not possible.

“

Hospitality ... it's about the people.

”

"People come in and they instantly feel welcome," he says. "You've got that low constant chatter as well, and I think that's what opens people up. It feels very human in here."



Scan here for more stories on Salvation Army programs.

"There is no hospitality like understanding."
 - Vanna Bonta

Host with the most? Or host with enough?

Hospitality on a budget



Some people love opening their home and inviting friends, family, neighbours and even strangers over for a meal. What a beautiful, generous way to connect with your community!

But how can we practise hospitality while staying within our budget? With the cost of living skyrocketing and everyday Australians struggling to put food on the table, it's likely that hospitality is starting to fall by the wayside.

Here are Moneycare's top tips for stress-free hosting within your means:

- Flick through the Salvos' award-winning *Meals to Make Ends Meet* cookbook, which is full of easy, no fuss and inexpensive meals that taste great too. You can download it at bit.ly/mealstomakeendsmeet
- Organise a 'potluck meal' and ask all your guests to bring something to share. This is a fun way to take the pressure off the host, while everyone enjoys a variety of foods.

Most people love to pitch in!

- Consider inviting people over for morning tea instead of lunch or dinner. This can be cheaper and simpler, but just as lovely. Croissants and coffee? Tea and scones? A theme is another great way of limiting what you serve.
- Planning an event or big family dinner? Start early and write a list of the things you want to buy within your budget, then stick to your list and call it quits when you hit your limit. Shop online to compare prices across stores and look for the best specials too.

Remember, a great gathering doesn't depend on expensive food or fancy things. Focus instead on creating quality moments of connection with your wonderful guests. – **Emma Lalic**

Emma is Financial Wellbeing Coordinator for The Salvation Army Moneycare, living on Awabakal land, Newcastle.

Bereaved Mother's Day

A celebration of mothers and a remembrance for children gone too soon

The first Sunday in May is International Bereaved Mother's Day, falling this year on 5 May. This day is dedicated to all mothers who have lost a child and those who cannot be mothers due to infertility, health or other reasons.

Australian Carly Marie Dudley started the day in honour of her stillborn son, Christian.

"This special day was created in 2010 to honour and celebrate the mothers who carry some, perhaps all, of their children in their hearts rather than their arms," Carly wrote for *Still Standing Magazine*, a publication for all who are grieving child loss and infertility.

"On Bereaved Mother's Day, we come together to celebrate our connection, our babies and children, and our hope for the future. It is our day to be recognised as the beautiful mothers we are.

"Just because your child died does not mean that you are not a mother anymore. You are your child's mother forever..."

This day is one of acknowledgement, and sensitivity, but also one that can help the healing journey as mothers share their grief, talk about their child and the dreams they had for them, and know that their little ones are not forgotten.

FROM BEREAVED MOTHERS: CUDDLES IN HEAVEN

"We recently experienced the trauma of miscarriage. Our baby was only eight weeks along, but absolutely loved and prayed for by the whole family during

that time. We have journeyed the past few weeks knowing that our baby was no longer alive, but my body was not letting go of the pregnancy – I suppose I wasn't ready to let go either.

"I never knew how intense and painful a miscarriage could be (much like labour), or that I would receive so little help from a hospital emergency room. It made me realise how much pain women are expected to deal with – and how strong we must be to endure it. I made it through with my husband Pete as my driver, pray-er, encourager and hand-holder, and the presence of the Holy Spirit alongside me.

"We are so thankful to God, that in the heartache of this experience, we have had such loving support from family and close friends ...

"Goodbye little one, we are sad we haven't met you, but we will one day. Save some cuddles for us all in heaven. All our love, Mummy, Daddy & the kids."

THINGS I'VE LEARNED

"The tragic death of my child has taught me many things. Among them: Love never dies; bereaved parents share an unspeakable bond; I will grieve all my life; the emptiness never becomes less empty; because I know deep sorrow, I also know unspeakable joy."

ALWAYS IN OUR HEARTS

"We remember, we grieve, we feel. All the hurt, the anger, the heaviness.

"The tears. Oh, so many billions of tears. But we also remember the smiles, the



run cuddles and all the love. The tickle fests, giggles and sass!

"William Chase, you might be gone from our home, but you'll never be gone from our hearts. You remain a central part to our every day. We miss you; we love you; we honour you.

"Blessed to hold you earthside for four years. Clutching tightly onto the assurance that we hold you forever in eternity."

EVERY MOTHER MATTERS

"International Bereaved Mother's Day exists for all that I feel that isn't acknowledged, and for all that I feel that is unseen and hidden because my losses aren't acknowledged as lives or deaths ... For wanting to scream the names of my children for others to remember. For those reasons and more – today exists.

"A day to acknowledge feelings, children and mothers who aren't always seen and lives that sometimes seem forgotten.

"To the mothers with lives missing from their arms – you are so brave. You continue to walk when you feel entirely broken. You suffer in silence, feeling grief often misunderstood or considered not warranted. Today, I hope you feel my love from afar and know that I remember each of your children no matter how small."

SEEING IN COLOUR

"I am eternally grateful for friends and family who still to this day aren't afraid to sit with me during my times of deep grief. I'm thankful for the grace they show me during periods where I'm messy and unfiltered. I walk through those moments now with a reassurance that the stronghold of grief will loosen its grip and I will see in colour again."



Scan here to read more from *Still Standing Magazine*.

What am I reading?

Learning to read the Bible for all its worth

In the second of a three-part series, MAL DAVIES talks about the world's bestselling book – the Bible – and how to understand the genre of what you're reading and the importance of context.

You might recall high school days when your locker contained a whole heap of books; often hastily thrown in there to the point that they deteriorated in condition and had covers falling off by the end of the year.

Before you went to the next periods on your timetable, you'd grab whatever books you needed just for those classes. So, you might grab a novel for English, a maths textbook, a history book, a book of poetry or an atlas for geography.

The books were different styles or genres – from the French word for 'kind' or 'sort'.

NOT ONE BOOK

The Bible is not one book written by one author; it is a collection of 66 books (more like a library) and it contains books of many different genres. It's important to understand what genre of book you're reading to have the proper context for how to read it.

Four books – named after their authors, Matthew, Mark, Luke and John – are biographies that tell of the life of Jesus. They are followed by a history book called Acts; it tells of the 'acts' of the followers of Jesus as they started a new religion called Christianity.

The book of Acts captures a period of about 30 years after Jesus, and it tells of people called apostles starting churches, teaching about Jesus and confronting

strong opposition from people who didn't particularly want a new religion starting.

These apostles would travel a great deal and – long before emails and texting and phones existed – they would write letters to churches to offer them teaching and encouragement. And they would write letters to other church leaders. Many of these letters are in the Bible, so we have a very intimate insight to what was said about Jesus and his teachings by people who had known him.

“

The Bible is not one book written by one author; it is a collection of 66 books ...

”

RIGHT LIVING

The first part of the Bible (known as the Old Testament) includes writings that were sacred for the people of Israel and instructional on how they should live – but there are different ways you can be instructional.

The first is that there are books of religious laws, books with titles like Leviticus and Deuteronomy, and then

there are books of wisdom and advice, like Proverbs and Psalms. There are also books of lessons on how to live as God wants, written by people called 'prophets' – people such as Isaiah and Jeremiah and Hosea and Micah.

All these books helped guide people on right living and right religious practice. There are also history books like Judges and Joshua and Nehemiah. The Israelites were great students of history and honoured those who had gone before, so these history books helped to capture their culture and key events.

Some books also contained something called prophecy, which is when people – inspired by God – would see visions of future days and would warn the people of what was to come and tell of what God had in store.

The best known of these books is the final one in the Bible, called Revelation. It captures the 'revelation' (what was 'revealed') to a man called John, who wrote down what he saw in visions of the end times, still to come.

So, the Bible is a collection of different books written in different genres. It can help your understanding of what you're reading to know if, for example, it's history (something that actually happened) or fictional (like the parables or teaching stories that Jesus told) or poetry or a personal letter.

The Bible is a fascinating collection of books within a book, and knowing what you're reading can help you come to grips with its timeless truths and advice. Happy reading!

Major Mal Davies is a Salvation Army officer (pastor) and writer living on Kaurna land, Adelaide.



Scan here to read more stories of hope.

The right time and place

Alla encounters the Salvos in war-torn Ukraine

Russia's war in Ukraine has been raging for more than two years. Ukrainian ALLA OLSHEVSKAYA shares her story, how she encountered The Salvation Army and how her life has changed.

This is the story of a couple of pensioners who had to leave everything and flee from the war.

Words fail to express how nice and cosy the city of Kherson used to be before all this started. The thought of leaving it for any other place of residence had never even crossed our minds.

All the problems started in November 2022. It's very difficult to survive not having electricity or gas, heating or water. In addition, there were explosions day and night, both far away and quite close – but around the clock.

After about two weeks we took the first opportunity to leave for Kyiv. Life here is quieter and more comfortable, especially in comparison to living in Kherson. At the same time, though, it's very costly.

We arrived with only one bag and need so many things. That's why the help from various funds and churches is so much welcomed and highly appreciated by hundreds of people like us.

THE SALVOS IN KYIV

Salvation Army services take place in Kyiv and around the country, despite the war.

Our present place of living is located about 100 metres from a building looking quite off-the-beaten-track, with a huge signboard out the front – The Salvation Army. It wasn't the first time I had heard about this organisation, but my knowledge about it was rather sketchy. When they offered some humanitarian aid and invited us in though, I was there!

What struck me from the first moment was the friendly and homelike atmosphere there. A small child was crawling around, the staff were busy but polite and well organised, and they gave us a heavy plastic bag full of food items. I felt like I wanted to come here again, so I offered them my assistance in case they might need it. That's how my acquaintance with The Salvation Army started.

Now, after about six months of my friendship with The Salvation Army, I understand what attracts me most. The organisation's history extends over more than 140 years, and they serve around the world following its basic principles.



Alla enjoys the Bible studies led by the Salvos in Kyiv.



Alla chats with Major Konstantin Shvab, who oversees The Salvation Army in Ukraine.

A WAY OF LIFE

I realise that my knowledge of the subject is far from complete, but their motto ‘Heart to God, hand to man’ sounds appropriate for all times and peoples. Family values are not just a slogan for them. It’s their way of life.

“

‘Heart to God, hand to man’ sounds appropriate for all times and peoples.

”

The Salvation Army is definitely a church with its sermons, members, Bible studies and meetings, but it has a lot of social activities for children, youth and adults too. These include educational programs, sports, crafts and other hobbies. I have chosen the Bible studies and really enjoy our weekly discussions.

And there are several ‘NOs’ which I like most: NO to alcohol, NO to tobacco, NO to pressure, NO to politics. The last NO is especially significant, as our community is overheated with emotions due to the current situation.

The Salvation Army supports people in all possible ways, helping them to cope with hardships of life, cheering them up and bringing them closer to God. Its staff – intelligent and God-feeling people – are a real blessing for us.

Special thanks to them. May God’s grace be always with you and inspire you for further efforts on the way of good deeds.

Alla is a former resident of Kherson, currently living (“hopefully temporarily”) in Kyiv.



Scan here for more stories on the international Salvation Army.

Honey mustard chicken

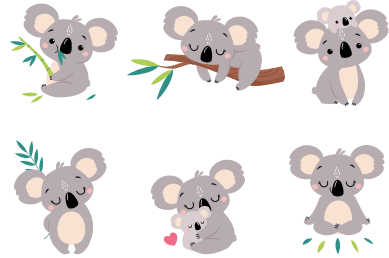


Ingredients

½ cup apple cider, 1½ tsp cornstarch, 1 tbsp honey, 2 tbsp mustard, salt and pepper to taste, 2 tbsp oil, 500g chicken breast, 2 cooking apples, ½ cup chicken stock, rice or noodles to serve

Method

- Whisk together apple cider, cornstarch, honey, mustard, salt and pepper. Set aside.
- In a large frypan, heat oil on medium high. Cook chicken for approximately 4 minutes until brown on one side.
- Turn chicken adding sliced apples and cook until chicken is brown on the other side.
- Add stock and cider mixture to the pan. Bring to the boil, then simmer until chicken is tender, approximately 15 minutes.
- Remove chicken and apples, heat pan to high and simmer sauce for 2 minutes to thicken.
- Spoon sauce over chicken to serve. Serve with rice or noodles.



Quick quiz

1. What does the word 'koala' roughly translate to?
2. What is a baby koala called?
3. How do koalas get most of their water?
4. How big is a joey when it is first born?
5. What do koalas and humans have in common?
6. What is the koala's closest relative?

Bible byte

"Take every opportunity to open your life and home to others."

Romans chapter 12, verse 13b
The Voice Bible translation

Tum-Tum

On which page of this week's *Salvos Magazine* is Tum-Tum hiding?



E E S L E E P S F M I I U F F P
 M N P J B R U S H B O X V I L M
 M A V A D F O R E S T S D N E B
 I O R I P F N A T I V E U G A U
 V R I S R E U D H S C D R E V S
 T U N S U O R R C H Y E B R E H
 H M L H T P N B R D G N A P S L
 U N B N A U I M A Y N D N R E A
 M J A K E B R A E R H A I I P N
 B O J O E R I E L N K N S N O D
 S E E A X G A T H R T G A T U H
 P Y D L S S U B A T Z E T S C K
 K S N A T X G M L T S R I D H T
 P R O T E C T E D E C E O D N N
 S H E R B I V O R E N D N O V G
 N O C T U R N A L W G Y E C G T

Wordsearch

Words are hidden vertically, horizontally, diagonally, forwards and backwards. Enjoy!

- Brushbox
- Bushland
- Endangered
- Environment
- Fingerprints
- Forests
- Furry
- Gum
- Habitat
- Herbivore
- Joey
- Koala
- Leaves
- Marsupial
- Moisture
- Native
- Nocturnal
- Paperbark
- Pouch
- Protected
- Sleep
- Thumbs
- Urbanisation
- Vulnerable

HAVE A LAUGH



Why did the scarecrow become a teacher?
 in his field.
 Because he was outstanding

Why was the computer cold in class?
 It left its Windows open.

Why did the student bring a ladder to school?
 was a high school.
 Because they heard it

WHO AM I?

I purposefully give you problems, yet I can also help you solve your problems.

I give you instructions and guidance, yet I criticise you and point out your mistakes as well.

I may know numbers; I may know how to sing or dance - and anything in between.

Quiz answers: 1. No water. 2. A Joey. 3. By eating eucalyptus leaves. 4. The size of a jellybean. 5. Both have fingerprints. 6. Wombat.
 Who Am I? I am a teacher.
 Turn-Tum: is behind the chalkboard on page 15.

Semester 2 enrolments are now open !



SCAN ME



**PASSION
+ PURPOSE**
= *Impact*

Enrolments are now open for 2024 Winter intensives and Semester 2 Higher Education. Check out new and returning units on offer.



Eva Burrows
College



UNIVERSITY
of DIVINITY