

FEATURE

Seven reasons to say 'No' to *Spy Racers*

FAITH TALK

The narrow path to wellness

MY STORY

Sallyma'am on the front line

Remembering the fallen

Stopping at the 11th hour to reflect and give thanks



SALVOS

MAGAZINE



A field of vibrant red poppies with dark centers, set against a bright, cloudy sky. The flowers are in various stages of bloom, with some fully open and others as buds. The lighting is soft, highlighting the delicate texture of the petals.

**There is no greater way
to love than to give your
life for your friends.**

**John chapter 15, verse 13
(*The Voice Bible translation*)**



The Salvation Army is about giving hope where it's needed most.

What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice

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We will remember them

On 11 November, Australia will join more than 100 countries around the world to commemorate Remembrance Day and reflect, with gratitude, on the sacrifices made by those who died or suffered for Australia's cause in all wars and armed conflicts.

In this issue, Major Brett Gallagher, Chief Commissioner for The Salvation Army Red Shield Defence Services (RSDS), shares his thoughts about this day, its importance in our country's history, and his desire to see more Australians taking the time to observe the minute of silence at 11am.

In 'Faith talk', Major Barry Casey talks about the unexpected 'curve balls' of life, both physical and emotional, and how God invites us to give our anxieties and worries to him so we don't go through these challenges on our own.

In 'My story', Major Lauriee Arthur, an RSDS representative, reflects on her time on deployment in the Middle East, and her role in supporting Australian Army soldiers and their families, both overseas and at home.

Lest we forget.

Simone Worthing **Assistant Editor**

Remembering the fallen

Stopping at the 11th hour to reflect and give thanks

WORDS SIMONE WORTHING

At 11am on the 11th day of the 11th month (11 November) of 1918, World War One ended. Earlier that morning, Germany, facing imminent invasion, signed an armistice agreement with the Allies (Britain, France, Russia) outside Compiègne, France.

This day is known as Armistice Day or Remembrance Day and is commemorated on 11 November in many of the 100 countries around the world that fought in WWI.

In a letter published in the *London Evening*



Major Brett Gallagher (right) with his son Caleb, an Officer Cadet at the Australian Defence Force Academy, commemorate Remembrance Day at Tuggeranong Salvos, Canberra, 2019.

News on 8 May 1919, an Australian journalist, Edward George Honey, proposed a respectful silence to remember those who had given their lives in the 'Great War'. This was brought to the attention of King George V and, on 7 November 1919, the King issued a proclamation calling for a two-minute silence: "All locomotion should cease, so that, in perfect stillness, the thoughts of everyone may be concentrated on reverent remembrance of the glorious dead."

In Australia in 1997, then Governor-General Sir William Deane issued a proclamation formally declaring 11 November to be Remembrance Day, urging all Australians to observe one-minute's silence at 11 am on 11 November each year to remember those who died or suffered for Australia's cause in all wars and armed conflicts.

REMEMBERING

Major Brett Gallagher is Chief Commissioner of The Salvation Army Red Shield Defence Services (RSDS), representing the men and women who live and work with Australia's defence personnel and support them in their time of need. Whether in barracks, out in the field or while serving overseas, the 'Sallyman' or 'Sallyma'am', as these Salvo representatives are affectionately known, have provided comfort and ministered practically and spiritually to soldiers in different conflicts around the world for 120 years.

"Remembrance Day is one of those important

times when we get together, remember those who have died in all conflicts and give thanks to God for the sacrifices they made," says Brett.

“

Let's create that atmosphere of remembering, of reflecting, of being grateful.

”

"The day ultimately impacts all people – all cultures and faiths. Hopefully we can remember what happened in those days and times, so we don't get to the same point in our world again. Wars, tragically, have continued, so we

need to keep stopping, pausing, reflecting and doing what we can to prevent them."

BUSINESS AS USUAL

Brett says that, sadly, the significance of Remembrance Day has diminished somewhat in recent years.

"This happened to Anzac Day several years ago, and there was a big push to lift the profile of the day," he explains. "Of course, Anzac Day has an Australian focus, whereas Remembrance Day is worldwide, which can make it more distant.

"It used to be that people would stop what they would be doing at the 11th hour, cars would pull off the road, and whole communities would stop for that minute of silence. Growing up, that meant something to me. ▶



Syria 1941: Soldiers of the 2/14th Battalion listen attentively as Red Shield Representative Albert Moore tunes into the BBC on the radio resting on the tailgate of his mobile canteen.



Tyne Cot, Belgium, is the largest cemetery for Commonwealth forces anywhere in the world. Many Australian servicemen are buried here.

"Now, it's often just business as usual as we rush about our day.

"I hope that Remembrance Day will get a profile push as Anzac Day did, and that it can have more prominence in our way of thinking, in our calendars and in our media coverage."

REFLECTING

This year, the traditional Remembrance Day service at the Australian War Memorial in Canberra will go ahead, but with limited attendance due to the COVID-19 pandemic. Other commemorations and events will be strictly limited or cancelled.

Brett is encouraging Australians to stop at the 11th hour, to be still, and to remember.

"Just like so many people did on their driveways, with candles, on Anzac Day, let's create that atmosphere of remembering, of reflecting, of being grateful."

In a 'normal' year, RSDS representatives would pause with their units, in whatever they were doing at the time, and observe a minute's silence. Significant commemorations would also take place within the barracks, on the base, or in the field – both in Australia and overseas.

Some Salvo churches, such as in Tuggeranong (ACT), also run 'Defence Sunday' services on the Sunday before Remembrance Day.

"I will be leading a Remembrance Day service at a Salvation Army aged care home in Canberra," says Brett. "I will also be letting people know that, even though our soldiers are well looked after, many still face some tough issues as they work in challenging situations away from their families.

"Even when they leave the defence forces, soldiers are twice as likely to end their lives than others in the community, and for female soldiers, this rate is even higher. Building close and supportive relationships is critical in reducing this terrible statistic.

"The RSDS is still supporting soldiers around the country as best as we can, and where we can. It's mostly one-on-one, with social-distancing measures in place, but we are able to maintain what we need to do in terms of meeting the needs of servicemen and women."



Scan here for more on finding meaning.

Big-hearted Bill – a casualty of war

Although many Australian Salvation Army chaplains and workers returned from war sick or injured, one never returned – Adjutant Bill Tibbs, the only Red Shield worker to be killed on active service.

Bill grew up in Armidale (NSW), and in 1930, at the age of 19, he became a Salvation Army officer. When war came, he left his wife Norah and their two young children and boarded the *HMAT Aquitania* troopship with the 9th Division to the Middle East.

WAR SERVICE

Affectionately known as 'Big-hearted Bill', he was involved in the 241-day Siege of Tobruk in 1941. In a letter to his wife, he referred to the help he was able to give, often in simple but very welcome ways, such as giving the men 'PKs' [chewing gum]. "Didn't the men just appreciate them! They help to keep their tongues moist," he wrote.

Later in the same letter, he wrote: "You will be pleased to hear that in the eight days we have been in these parts we have served to the boys 256 gallons of hot coffee and 17 gallons of tea with biscuits, 2500 packets of PKs and comforts, including soap, shaving soap, face washers, toothpaste and brushes, mirrors and sewing kits, underpants and talc powder. The good name of the Army soars high as a result of it, but I pray that the name of our God will be honoured by it too."

After his Middle East service, Bill spent some time in Papua New Guinea. In December 1943, he was recalled by The Salvation Army to take charge of a large church in Sydney.



Salvation Army chaplain Bill Tibbs selflessly served Australian troops during World War Two.

Obedying orders like a good soldier, his itinerary included stopovers in Townsville and Brisbane.

QUALITIES HONoured

At Townsville, he was given permission to travel into town to pick up a new uniform. On his return to the airport, he learned that the plane had left without him and he had to wait for another. On 19 December 1943, his plane ran into difficulties and crashed at Canal Creek, 50km north of Rockhampton, killing all 31 on board. Bill Tibbs is buried in the Rockhampton War Cemetery.

His obituary is told simply in the words of his mate, Albert Moore: "I had the greatest admiration for his qualities as a man, soldier and friend, and last but not least, as a Christian."

An edited excerpt from an article by George Hazell that appeared in The Salvation Army 'Hallelujah' magazine in 2008.

Seven reasons to say 'No' to *Spy Racers*

WORDS MARK HADLEY

The gold-spinning *Fast & Furious* franchise has made the jump to children's television, bringing with it all the cautions associated with its films. *Fast & Furious Spy Racers* is being pitched at viewers who still have driving in their distant future. However, here are seven reasons why adults should be careful about putting this exhilarating cartoon in front of children.

1. "TORETTOS ALWAYS WIN!"

The series begins by introducing Tony Toretto, the nephew of original *Fast & Furious* hero, Dom (voiced by Vin Diesel). Arriving with him is an attitude that victory always goes to the

bold. If you're prepared to try hard enough, you can expect to win. A familiar American mindset, but one unlikely to deliver anything but false expectations to kids.

2. "IT'S NOT ABOUT THE CAR, IT'S ABOUT THE DRIVER."

Tony's team of terrific drivers includes Echo, a surly female speedster, Frostee, a clichéd ethnic tech genius, and Cisco, a monster of a boy in a monster truck. When he comes up against their teen nemesis, Mitch, his friends realise Tony's car is dramatically underpowered. But Tony assures them the guy behind the wheel matters more than the four beneath him. Now every kid in a Hyundai is a backstreet hero.

3. STREET RACING? NO PROBLEM!

One of the series' biggest problems pulls up before the first episode is halfway through. Tony and his friends are not just supreme racers, they're street racers. This means their racetrack is any ordinary alley. In this case, in



the middle of the day in a densely built up area. Conveniently, no one is about to be injured by their prowess, underlining the myth that urban racing is not just normal, it's perfectly safe.

4. BARELY LEGAL DRIVERS

It's worth noting at this point that Tony and his crew are so young, Frostee's voice is still breaking. Tony himself has all the gangliness of a barely pubescent boy. The message is pretty clear. If you can see over the dashboard, you're ready to drive. And our heroes affirm this pastime with the teenage grin that follows every win.

5. NO-CONSEQUENCE CRASHES

In Tony's first race, his opposite number, Mitch crashes spectacularly. We don't see the impact or the wreckage, but it's clear no injuries are sustained. Mitch enters minutes later munching on a taco. During a high-speed chase after suspected villains, Tony and his friends cut off numerous vehicles, cross to the wrong side of the road and send pedestrians scuttling. They also engineer the crashes of multiple motorcycle riders, sending them tumbling to the bitumen and into metal objects. Again, everyone walks away scratch-free.

6. A PARADOXICAL PRUDERY

Despite pitting our heroes against international spy rings, there is no sign of a gun anywhere. Most likely, the producers are avoiding firearms, even knives, because of the numerous school shootings in the United States. It's just a pity they couldn't stop short of weaponising the vehicles. Apparently, it's only guns that kids should steer clear of.

7. IT'S ME BEFORE IT'S US

"Remember," Dom tells his adoring nephew,

"Don't follow orders, follow your gut." The *Spy Racers* live in a world where you have to trust your own judgement over everyone else. On the surface this leads to a pretty casual approach to the law, which might seem reason enough to call the show into question. But deeper down, there's a bigger problem. This sort of thinking puts not just the wisdom but the feelings of the individual over the community. When there's no authority higher than me and no source of guidance wiser than my heart, it not only makes for a more selfish community, it leads to an awful life.

The target audience for this cartoonish drama may be still too young to drive, but that's no reason for parents and grandparents to lower their guards. As Aristotle put it, "Give me a child until he is seven, and I will show you the man." What we learn well when we're youngest sticks with us for a lifetime. It's the same reason the book of Proverbs in the Bible says, "Train up a child in the way he should go, and even when he is old, he will not depart from it" (Proverbs chapter 22, verse 6).

So, we could look at the characters involved and dismiss them as any good moralist would and feel justified in doing so. However, that would only put us on the same standing as the Pharisee who thanks God he's not like that tax collector. Instead, we need to replace in their lives and ours a foundation built on Jesus' words, beginning with we need what he has to give more than we need our own decency.

There are a lot of good things for kids to watch on Netflix, and doubtless they all have their shortcomings. Yet there are few I have come across that are so comprehensively disappointing. Rather than switch the channel, though, *Spy Racers* might provide the golden opportunity to tell our youngest more about what they need than what they want.

The narrow path to wellness

Accepting God's invitation to give our anxieties to him

WORDS BARRY CASEY

It seems to me that in these days of continual concern about personal health and wellbeing, a word that is increasingly creeping into our vocabulary – and conversations – is the word 'wellness'. The change in daily routine for many; the inability to travel freely between some states (in some instances, suburbs and regions); people cut off from family and friends; a sense of no clear understanding of when a sense of



PHOTO BY ANNIE SPADT ON UNSPLASH

'normality' will return, has had a significant impact on the physical and emotional health of people in many different ways.

“

Life has this way of throwing curve balls at us and, at times, it seems unfair and almost more than we can bear.

”

Although the term 'wellness' is often used in the context of our physical health, it is much broader than that. Wellness describes a state of living – physical, emotional, intellectual – and there are many books, programs and apps that offer advice and provide helpful resources on how we can enhance wellbeing through the many circumstances we find ourselves facing.

There is an overarching state of wellness that encompasses every aspect of our lives, and what sets this apart from all other forms of wellness is that it is not dependent on us finding ways to deal with the many issues of life on our own. It is called 'spiritual wellness', and it brings into play a loving God who journeys with us and offers to not only share the burdens and stresses of our lives, but invites us to hand them over to him.

It certainly does not mean we will no longer experience physical or emotional challenges, but it certainly makes them much easier to bear when we know we do not have to carry them on our own.

We all face challenges and difficulties. No one is immune to them. Life has this way of



PHOTO BY ZDENEK MACHACEK ON UNSPLASH

throwing curve balls at us and, at times, it seems unfair and almost more than we can bear. We need to do all we can to take care of ourselves, physically and emotionally, but we do not have to do this on our own.

“

**We need to do all we can
to take care of ourselves
... but we do not have to
do this on our own.**

”

God longs for us to invite him into every aspect of our lives and, when we do, listen to

this promise: “He gives power to those who are tired and worn out; he offers strength to the weak. Even youths will become exhausted, and young men and women will fall and give up. But those who wait on the Lord will find new strength. They will fly high on wings like eagles. They will run and not grow weary. They will walk and not faint” (Isaiah chapter 40, verses 29-31).

What an invitation.

Major Barry Casey is a Salvation Army officer (pastor) currently operating from Adelaide.



Scan here for more
on finding meaning.

Sallyma'am on the front line

Lauriee continues tradition with Middle East deployment

WORDS SIMONE WORTHING

In non-COVID-19 times, Salvation Army Red Shield Defence Services (RSDS) deploy one representative to the Middle East region every four months to support Australian Defence Force (ADF) personnel. Below, she reflects on some of her experiences during that time.

Major Lauriee Arthur follows in the tradition of the first Salvation Army officer to be deployed to support troops, when Founder William Booth commissioned Adjutant Mary Murray to go to the Boer War and find ways to support soldiers on both sides of the conflict.

Lauriee, who is a senior RSDS representative and team coordinator at Gallipoli Barracks, Brisbane, served ADF personnel at the Middle Eastern base, focusing on providing welfare and wellbeing support to all personnel.

"My role was exactly the same as I have here at Gallipoli Barracks. The Salvation Army in Australia works predominantly with the Australian Army, and my deployment also included serving Royal Australian Navy and Royal Australian Air Force personnel – many of whom didn't know about the 'Sallyman' or 'Sallyma'am' [as RSDS representatives are often referred to].

"I found that being a female endeared me to other women, especially in the air force. All personnel, though, men and women, were happy to see the Sallyma'am, with a few from

the air force and navy asking why they didn't have one in their service!"

Lauriee's role in deployment involved providing support to all ADF personnel. "I got to know all of the ADF members, focused on building relationships and then was able to check in on them to see how they were, how they felt about what was happening at the time, and how their loved ones at home were going.

“

People came to me to have someone to talk to.

”

"People came to me to have someone to talk to. They came to me with work problems, family issues, health concerns and I also had an opportunity to share my Christian faith. I supported the base chaplain to run a Bible study and church services too. It was also a pleasure to attend the monthly coalition force church service that the chaplain started while I was there."

Lauriee, and the other RSDS members who have been deployed on the rotation, assisted the ADF chaplain with a rest and recreation program where personnel were taken to culturally important locations in the host country to increase their understanding of that nation's people and culture.

"This gave us time to chat with people and get to know them," shares Lauriee. "The Sallymen also helped welcome newcomers to the base, were part of the base orientation process and farewelled those returning to Australia. I particularly enjoyed Fridays – the



Major Lauriee Arthur (left) met with the Minister for Defence, Senator Linda Reynolds, after her address to the personnel on operations to the Middle East.

mornings with ADF personnel providing refreshments during weapons training, then in the afternoon sharing iced donuts with headquarters staff. The perfect end to a very busy week!

"It was an enriching and challenging experience, I loved it, and would do it again. The biggest challenges were being away from family, and the endless, terrible humidity and heat."

Resuming her role at Gallipoli Barracks, Lauriee continues to work with Australian Army military personnel and their families.

"I work with both men and women, but as a 'Sallyma'am', can work a bit differently to my male colleagues," says Lauriee. "I work a lot with the wives and partners of the soldiers, especially when their partner is deployed or away for weeks on training exercises. This includes supporting a wife or family until other close relatives can get there in a crisis."



Scan here for more on finding meaning.

Beef stroganoff



Ingredients

4 tsp olive oil
 500g rump steak, cut into thin strips
 1 medium brown onion, cut into thin wedges
 2 cloves garlic, crushed
 300g mushrooms, sliced
 2 tsp cornflour
 250g sour light cream
 2 tbs tomato paste
 250mls beef stock
 2 tbs fresh continental parsley, chopped
 400g fettuccine pasta

Method

Heat oil in frying pan on high heat. Add half the steak and stir-fry for 2 minutes. Remove from pan. Repeat with another 2 tsp oil and remaining steak. Remove from pan.

Reduce heat to medium. Add onion and garlic to pan and cook until soft. Add mushrooms and stir-fry until soft.

Combine cornflour, sour cream and tomato paste and add to pan with stock. Stir well. Reduce heat to medium-low and simmer for 5 minutes. Return steak to pan and cook until just heated through. Stir in parsley, or use as garnish.

Serve with cooked fettuccine pasta.

Have a laugh



"She said it was a piece of cake. But there was no cake at all. She lied about the cake. That is NOT something to be proud of."

Frances, 5

"I'm thankful for words like awesome because without them, I would not have many words to describe myself!"

Terry, 8

"I wish this wasn't real life and I was just a refrigerator."

Jo, 3

Bible byte

"I have told you these things so that you will be whole and at peace. In this world, you will be plagued with times of trouble, but you need not fear; I have triumphed over this corrupt world order."

John chapter 16, verse 33
The Voice Bible translation

		6		8				
			6					2
						7	3	
								1
						6	7	3
7		5	1			2		
	1						8	9
	4	2			3			
		8		5		3		

Sudoku

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 to 9.

Tum-Tum

On which page of this week's *Salvos Magazine* is Tum-Tum hiding?



Answers: 1. 25, 2. 37 million, 3. Litter, 4. 13, 5. 60 days.
Tum-Tum: is hiding under Tony Toretto's purple car on page 9.

9	8	7	6	5	4	3	2	1
8	7	6	5	4	3	2	1	9
7	6	5	4	3	2	1	9	8
6	5	4	3	2	1	9	8	7
5	4	3	2	1	9	8	7	6
4	3	2	1	9	8	7	6	5
3	2	1	9	8	7	6	5	4
2	1	9	8	7	6	5	4	3
1	9	8	7	6	5	4	3	2
9	8	7	6	5	4	3	2	1
8	7	6	5	4	3	2	1	9
7	6	5	4	3	2	1	9	8
6	5	4	3	2	1	9	8	7
5	4	3	2	1	9	8	7	6
4	3	2	1	9	8	7	6	5
3	2	1	9	8	7	6	5	4
2	1	9	8	7	6	5	4	3
1	9	8	7	6	5	4	3	2
9	8	7	6	5	4	3	2	1
8	7	6	5	4	3	2	1	9
7	6	5	4	3	2	1	9	8
6	5	4	3	2	1	9	8	7
5	4	3	2	1	9	8	7	6
4	3	2	1	9	8	7	6	5
3	2	1	9	8	7	6	5	4
2	1	9	8	7	6	5	4	3
1	9	8	7	6	5	4	3	2
9	8	7	6	5	4	3	2	1
8	7	6	5	4	3	2	1	9
7	6	5	4	3	2	1	9	8
6	5	4	3	2	1	9	8	7
5	4	3	2	1	9	8	7	6
4	3	2	1	9	8	7	6	5
3	2	1	9	8	7	6	5	4
2	1	9	8	7	6	5	4	3
1	9	8	7	6	5	4	3	2
9	8	7	6	5	4	3	2	1
8	7	6	5	4	3	2	1	9
7	6	5	4	3	2	1	9	8
6	5	4	3	2	1	9	8	7
5	4	3	2	1	9	8	7	6
4	3	2	1	9	8	7	6	5
3	2	1	9	8	7	6	5	4
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4	3	2	1	9	8	7	6	5
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7	6	5	4	3	2	1	9	8
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6	5	4	3	2	1	9	8	7
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The Ode

*They shall grow not old, as we that are left grow old;
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.*

