

FEATURE

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alongside
our youth

REVIEW

Fast & Furious
franchise

FAITH TALK

Investing in the
next generation

More than mentoring

The power of human connection in our daily lives



SALVOS

MAGAZINE



At the end of this day, the world
will either be a more, or less, kind,
compassionate and loving place
because of your presence.

Your move.

John Pavlovitz
Author and pastor





The Salvation Army is about giving hope where it's needed most.

What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice

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Male mentoring

Men's Health Week (14-20 June) is about showing Australians the state of male health, in all its forms, for a week. It also focuses on raising awareness of preventable health problems and encourages early detection and treatment of disease among men and boys. Mental health is a vital component of this awareness.

In this edition of *Salvos Magazine*, we look at the importance of mentoring in the lives of young men, and the impact this can have on them emotionally, physically, psychologically and spiritually.

Daniel Smith talks about the influence safe, healthy and caring relationships with older guys had on him after the loss of his father at an early age, and how he now works to support other young men, and women, through the Salvos.

Matt Gluyas shares how his mentoring journey with James has developed into a friendship that has changed his life in many ways, and Dean Clarke discusses how he is mentoring a young teenager about what makes a real man.

For these stories and more, go to salvosmagazine.com.au

Simone Worthing **Assistant Editor**

Walking alongside our youth

Building relationships and community without an agenda

Salvo Daniel Smith is a chaplain with The Salvation Army Youth Services in Western Australia, primarily in Perth. He provides pastoral care to young people and staff at the Salvos Transitional Support Service (TSS) for young people leaving state care, for youth aged 18-25 in a Salvos independent living program, and at two supported residential houses (Oasis and Landsdale).

"I lost my father at an early age when I was growing up," says Daniel. "We were part of the Salvos, so I was connected into the church community, and later youth group, and was able to find a lot of other role models, especially males. This was quite pivotal for me at different stages of my journey.



Daniel is there for young people as others were for him.

"I wanted to provide the same support and guidance that I received to other young people. I have been involved in the youth space since I was 19 through a youth internship at Morley Salvos. I have also been a community youth worker, high school chaplain and a mobile youth worker with TSS."

Today, Daniel's role with young people includes regularly checking in with how they are going, working alongside the staff in

programs they are part of, and assisting with whatever comes up on any given day.

"This could include helping with the school run in the morning if staff are busy, taking a young guy on a bushwalk so he can get out of the house, connect with nature and clear his head, partnering with young people in their recreational activities and having conversations with them in all these places," he explains.

Recently, Daniel and a couple of other staff members took four young people away from the city to go camping.

"These young guys were finding it hard to disconnect from technology and were over-using it as a coping strategy," Daniel shares. "It was hard for them to connect with others. So we camped away from Wi-Fi for a couple of nights and did plenty of physical activity such as mountain bike riding, high ropes and fishing.

"It was a really safe space for them to disconnect from the hustle and bustle into a simple environment with no modern facilities – and with other young people who have been through similar experiences."

GENUINE CONNECTION

Looking for day-to-day opportunities to connect with the young people is part of Daniel's role.



The high-ropes course was one of the highlights for the young guys on a recent camping trip with Daniel and other staff.

“Recently at Oasis House, one young resident wanted to set up an aquarium in her room,” says Daniel. “I took her shopping and we were able to have a chat along the way.

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It’s being a sounding board for them.

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“Often, young people don’t want to sit down face-to-face to talk about what they’ve been through, but they are happy to get into the car and get some things done that they want to achieve, and share their interests, goals and things like that in the process. It’s about finding ways to help young people not feel like they are being interrogated or asked to share their whole stories. It’s listening when they want to be heard, without an agenda and with genuine

interest, to what they are comfortable sharing and going where they want to go with that.

“It’s not having a specific idea of where you want them to be, but asking where they want to go and how we can help them get there. It’s being a sounding board for them.

“These adolescents have come to us because they have experienced some level of trauma and have been removed from their families. Many of them have been shifted around in their care, so being a supportive and consistent adult in their lives, and providing a non-threatening, confidential and safe space for them, is crucial. They need authentic people they can trust, relate to and share experiences with.

“It is sometimes easier for young people to share with me instead of another staff member, as I am not involved in their case, in any housing or tenancy agreements, or with any government department. They can just be themselves.” ▶



The young guys loved the physical activity in the fresh air, and being away from the city during their camping trip.

LONG-TERM SUPPORT

Daniel explains that many people don't understand the power of mentoring, and that its impacts are usually not immediate. Young people don't usually change their course of action overnight – it takes time.

"For me, it's been about looking back and seeing who was important in my life and adolescence," he said. "It's seeing who was there when I needed them, and just listened to me. Listening can be so undervalued as well.

"The fruits of mentoring, of coming alongside a young person, may take time, but that is the power of community and of a church community, if it can be there for the long term. Chaplaincy, too, is a similar connection point.

"Although we live in a society that is quite digitally connected, young people can still

find adolescence an isolating experience. They may have a social network online, but may not necessarily find it easy to connect in the real world.

"It's so important for them to have avenues for building trusting relationships in the real world and a pathway into wider society. We can assist here by connecting with them in the Salvos and referring them to different supports."

LIFE EXPERIENCES

Daniel explains that, for young people, hearing the stories of older people and learning from their experiences, is not always something they have the opportunity to do.

"Our communities are disconnected, often even in a church space," he shares. "I know I've sat in funerals and heard the achievements and life stories of the person who died and realised I knew so little about them.

"So many of us have experiences of disconnection and isolation and negative things, so having someone who has been there before us to share their experiences of what they have done to get through harder times, can be pivotal. Times have changed, but life experiences haven't.

"Our understanding of God changes over time too, as we mature and go through things. It's a real power for young people to hear the sustaining nature of an older person's faith – a person who has walked that road for a longer period of time – and see how God has been there for the long haul."



Scan here for more on the need for community

Huge presence at Homeless Connect

The Salvation Army Family Store in Carindale (Queensland) gave away around 20,000 pieces of clothing and 2000 pairs of shoes as part of Brisbane City Council's annual Homeless Connect event last month.

Store manager Tomos Evans said the Salvos had the biggest presence [other than catering] at the event, held at the Royal National Association Showgrounds.

The Family Store had been collecting the clothes and shoes since Christmas to be ready for Homeless Connect. About 30 volunteers looked after the area throughout the day.

Other Salvos services at the event included Moneycare, Youth Outreach Service, emergency relief and Pindari Homeless Support Services.



Salvos gave out thousands of items of clothing at Brisbane's recent Homeless Connect event.

Homeless Connect brings together businesses, medical and allied health care professionals and community groups to provide free services to people experiencing homelessness or at risk of homelessness.— **Darryl Whitecross**

Partnership with Hobart Airport takes off

Many flights may have been grounded over the past year, but that hasn't stopped Clarence City Salvos, Tasmania, from growing an exciting partnership with Hobart Airport.



Emergency relief clients now have easy access to fresh produce.

Over the past 18 months, the Hobart Airport Corporate and Social Responsibility Committee has worked with the Salvos to create a com-

munity garden and fund events to reconnect families who are separated in the region.

Earlier this year, the airport funded and helped build six garden beds, providing Salvos Doorways (emergency relief) clients with nutritious fresh food year-round. Using 80 per cent recycled products, the initiative has been a game-changer for the Salvos, which has since added another garden bed.

Last year, the airport also funded a Christmas party for clients from the Doorways to Parenting program, which engages families in the child-protection system or at risk of entering it. The Salvos run a weekly parental contact playgroup, providing parents with supervised access to their pre-school children living in foster or kinship care.— **Jessica Morris**

Driving masculinity off a cliff

Fast & Furious franchise a poor reflection on manhood

WORDS MARK HADLEY

When considering the blockbuster franchises of our time, it's easy to stop at the Marvel, Harry Potter and Star Wars storylines. However, a world away from the magical and the alien are the heroes of the *Fast & Furious* franchise. Better known in the movie biz as the 'Fast Saga', this collection of nine films has earned a tidy \$5.8 billion in petrol money. When *F9* comes out this year, it's certain to add to those coffers. It's also certain to help further cement a way of looking at manhood that is having as singular an effect at home as it is on the streets.

Fast & Furious is currently the seventh highest-earning film franchise of all time and, with at least three more films to follow *F9*, is likely to go higher. Add to this the income from theme park rides, live shows, video games and cartoon spin-offs, which are also turning a healthy profit. All this ... despite the end of the West's love affair with cars.

According to the asset management firm Schroders, the number of vehicles per person in the United States is in steady decline. In Britain, fewer drivers under the age of 30 have licences than in the 1990s. Automotive analyst Katherine Davidson says that car sales may never recover to the levels measured before the 2009 recession. Somewhat surprisingly, she identifies urbanisation and smartphones as the car killers.

The majority of the world's population now lives in cities. In the West, the attraction of a suburban lifestyle has been undercut by increasingly clogged highways and longer



commute times. Government infrastructure the world over is turning to increased public transport over freeways. On the whole, Millennials place less value in owning a vehicle than previous generations. Davidson writes, "Cars are not as relevant as a status symbol, and getting a licence is no longer a 'rite of passage' in the way it once was."

Millennials are also more positively disposed towards other forms of transport due to the environmental effects involved. Cars have a detrimental impact long before they hit the road, requiring the production of materials that leave a sizeable environmental footprint. Car emissions have been linked with personal costs such as respiratory diseases and disabilities, and external costs such as noise pollution

and ozone depletion. Is it any wonder that value systems are beginning to shift?

Smartphones have also contributed to the car's demise through the provision of software that undercuts the vehicle's essential purpose. Cars provided freedom for a previous generation, allowing members to travel more easily and so access friends, experiences and resources. Today, though, a range of apps provide that same level of contact instantaneously. Similarly, increasing E-commerce effectively reduces the number of trips new generations take. As Microsoft researcher Danah Boyd writes in her book, *It's Complicated*, "What the drive-in was to teens in the 1950s and the mall in the 1980s, Facebook, texting, Twitter, instant messaging and other social media are to teens now."

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Is fast driving a good indicator of what makes a man?

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So, if the desire to own a car is receding and the need for doing so is similarly reduced, we might well ask why *F9* is set to crush the box office this year? This is because the *Fast Saga* has managed to use its unbelievable car chases and outrageous stunts to tap into something very real. Research entitled *Driving Cultures* by Sarah Redshaw offers an explanation: "The demonstration of car-handling skills has long been regarded as a mark of mastery by men. When young men display these skills through 'hoon tricks' ... not to mention racing on the streets, it can be regarded as threatening, and of course it can be unsafe.

Young men, however, are encouraged to display their masculinity in such ways ... skill in handling a car, allied with dangerous unpredictability, is regarded as superior and as more desirable than driving with caution."

In short, the last century of driving has linked the car to masculinity, and the sorts of excessively risky driving demonstrated by the *Fast & Furious* franchise are indicators of superior manhood. However, the question arises, is fast driving a good indicator of what makes a man? That sort of query deserves its own article.

Whatever culture we are considering, though, it should be easy to see that responsibility is one marker of the mature man. However far back we care to look, he is a provider, a member of the body politic, a husband, a father, a teacher and a leader. He doesn't just play the role of a man; he acts it out responsibly. As the Bible puts it, "Many a man proclaims his own steadfast love, but a faithful man who can find?"

Consequently, a man cares about the effects his behaviour has on those around him. And surely, on that ground alone, the mature man is at odds with the heroes of the *Fast & Furious* franchise. They laud their friendships but encourage their friends to live dangerously. They talk about family, but they risk the lives of innocent families. Whatever fantasy value emerges from the *Fast Saga*, the reality is its producers are driving masculinity off a cliff. And it's hard to object when we're paying to be in the passenger seat. Cue the squeal of tyres.

Mark Hadley is a culture writer for Salvos Magazine and one of Australia's leading Christian communicators



Scan here for more on finding meaning.

Investing in the next generation

Sharing what it means to be a man

WORDS DEAN CLARKE

My friend's 14-year-old son is involved in a school program that requires students to have an adult speak into their life as they transition into manhood. A mature male who will encourage, talk with and engage in an activity, all designed to help a teen discover how to be a good guy. And he asked me. Rather than feeling proud of how great a man I must be, I have focused on what it means to be a good man.

I don't meet the typical standards of being a real man's man. I drive cars but can't fix them. I've ridden a motorbike but don't have a current licence. As for home maintenance and handyman activities, I can't hammer a nail straight, and my wife owns the hammer. I am under six foot [182cm], my hair is thinning, and, occasionally, I have to cheat to open bottles. But are these the measures of a man?

If I am not going to mentor how to dismantle and rebuild an engine, what would I share about being a man?

Love is a choice. I've been married for 36 years, which doesn't just happen. Love is a decision, publicly stated on my wedding day and put into practice every day since. Most days are easy, but on some days, love is a choice. Find your love, commit and then choose to love each day. The longer I have loved, the fuller that love is becoming.

Work out to improve who you are. I've been at the gym and sat near the guy who picks from the heavy end of the dumb-bells while I struggle with the lighter weights.

Trying to work out with their weights would be embarrassing as I can't lift it or risk tearing a muscle. You choose the weight appropriate to you. In life, as in the gym, don't imitate someone else but work out to improve who you are.

Learn to ask. Over the years, we have had many handyman jobs completed around our house. I can get anything done. Not by me, but by knowing who to ask. Once our TV cabinet started to collapse. We rang my friend, who offered to come around straight away to fix it, on one proviso: "Keep Dean away from it!" As Dumbledore said to his young mentee Harry Potter, "Help will always be given ... to those who ask for it."

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**I am a valuable individual
because I am me.**

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Obviously, asking for directions is the exception to the rule. But for the rest of life, ask for help and be a helper also.

Reflecting upon what makes a good man, I realise it is not measured by physical stature, what I can create or my capacity to stand alone. Being a good man is less about my achievements and more about my being. Being



an authentic version of me. I'm unlike others with my own skills, abilities and interests. I am a valuable individual because I am me.

When I was a young teen, searching for identity and my place, Terrance, an older man, made time to encourage and talk with me. He helped get a Bible in my hands, which I still own. In that Bible it says, "How precious it is, Lord, to realise that you are thinking about me constantly! I can't even count how many times a day your thoughts turn towards me" [Psalm 139, verse 17, *The Living Bible*].

Through that older man I learned I had a place in this world as me. Created and valued by God. As Terrance invested in me, I am now going to invest in another.

Major Dean Clarke is a Salvation Army officer (pastor) in South Australia.



Scan here for more on the need for community

More than mentoring

The power of human connection in our daily lives

More than 10 years ago Matt Gluyas, then a young Salvos leader, asked James Condon, a senior Salvos officer (pastor) at the time, to be his mentor. The relationship continues today. *Salvos Magazine* recently spoke to Matt about mentoring, the impact it has had on his life and its role in the lives of young people today.

Salvos Magazine: When did your mentoring relationship start, and why?

Matt Gluyas: More than a decade ago, I was a young leader in the Salvos and I was looking at people around me, and in other churches, to find other leaders that I would like in my own leadership journey. I really wanted to learn from others and had several mentors.

“

We all need people
... with whom we can
show our real selves.

”

I saw grace and humility in James, in the way he led his life, in his leadership and in the way he pastored. He was passionate about Jesus and I saw Jesus in his life.

It seemed a bit audacious asking James, a senior leader, to mentor me, however, I asked and he agreed. We connected regularly and talked through many things – struggles, leadership, relationships, marriage, our walk with Jesus.

At first our catch-ups were regular. We lived

close geographically and so could go for walks, a coffee, or work together locally in church ministry. Over the years that has changed as we have both moved to different states. Even with distance, James will still connect each month to check in on me and see how I’m going, so the relationship continues.

SM: What were some of the impacts the mentoring had on you?

MG: Hearing some of James’ leadership journey showed me that all leaders struggle with similar issues. They may look different, but we all face them and none of us are perfect.

James also challenged me in some areas – my prayer life and as a husband and father. He showed me that my personal relationship with Jesus trumps everything. I have implemented much of what I learned from him.

A mentor like James also gave me a safe space to talk. Leadership can be lonely. I knew I could be myself with James and unpack what was going on in my life in a healthy way.

SM: Were there some outcomes from the mentoring that you weren’t expecting?

MG: The friendship that resulted. There is an age difference between us, so it doesn’t necessarily make sense to many, but the mentoring became a healthy friendship.



Matt, left, and James have continued their mentoring journey for over 10 years.

It wasn't awkward, forced or a power play. It evolved into learning more about Jesus and life together.

In the first Salvos church my wife and I pastored, James became a champion for us. He wanted to see us flourish and succeed; he would come to church services, collect at local shopping centres for the Salvos Red Shield Appeal for us, and help in the church.

He was a support. When our son was born and my family had time off, James and his wife came down and ran the church for us so we didn't have to worry about anything.

SM: Why do you think mentoring is particularly important for young people?

MG: It brings a different perspective, a different experience in life, to show us what we don't see. It's healthy to gather different voices and opinions because none of us has all the answers. Mentoring helps us see life through a different lens.

We all need people to be close to and with

whom we can show our real selves 'warts and all'. It's critical.

SM: Is mentoring important for men?

MG: We are all craving deep connection – COVID-19 taught us that as well – and often with men, it can be harder to share feelings and the realities of life. Guys need that. It's critical for their mental health.

I now mentor others. A couple of the guys I mentor have become mates and I intentionally check in with them to see how they're going. It's very much a part of my life, my ministry, my discipleship.

Sometimes you have to chase being mentored – it doesn't just fall into your lap. If someone says no, ask someone else. It's key, and you will not regret it.



Scan here for more on the need for community

Spiced roast tomato soup



Ingredients

12 vine tomatoes, olive oil, 5 cloves garlic, knob of ginger, salt, 2 red onions, 1 red chilli, 400ml coconut milk, 600ml vegetable stock, 1 tbsp white wine vinegar, pepper, coconut cream (optional), bunch of coriander, loaf of sourdough.

Method

Halve tomatoes and place on a baking tray (chopped sides facing upwards) and drizzle with olive oil. Add garlic cloves (skins on) to the tray along with the ginger (skin on). Sprinkle a pinch of salt over tray. Roast in oven at 180°C for 20 minutes.

Remove tray from oven, move tomatoes to one side and add sliced onion and whole red chilli to the tray. Sprinkle with salt and drizzle with olive oil and place back into oven for 25 minutes.

Take tray out of the oven and peel skin off the ginger and squeeze the garlic out of the skins.

Add contents of tray, coconut milk and stock to a saucepan. Blend. Add white wine vinegar and pinch of pepper. Mix.

Ladle warm soup into bowls and serve with drizzle of olive oil, few drops coconut cream and coriander to taste. Serve with toasted sourdough and enjoy!

Have a laugh.



What do you call a factory that makes okay products?

A satisfactory.



I asked my dog what's two minus two.

He said nothing.



Where do you learn to make a banana split?

Sundae school.

Bible byte

“In the same way that iron sharpens iron, a person sharpens the character of his friend.”

Proverbs chapter 27, verse 17
The Voice Bible translation

5				8		2	
2						3	1
	4						
4		7				5	
9			3			8	4
			7				9
	2			5	6		
3						4	
			1	3		6	9

Sudoku

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 to 9.

Tum-Tum

On which page of this week's *Salvos Magazine* is Tum-Tum hiding?



Answers: 1. 14-20 June. 2. 30 per cent. 3. 4.4 years. 4. 7-8 hours. 5. 5-7.

Tum-Tum is hiding in the sink on page 15.

8	7	5	1	4	3	2	6	9
3	6	8	2	7	4	1	5	
1	2	4	6	5	7	8	3	
6	5	3	7	8	4	1	9	2
8	1	2	3	6	5	7	4	
4	8	7	2	9	1	5	3	6
7	4	1	6	3	2	5	8	
2	5	9	5	2	1	4	1	
5	3	9	4	1	6	2	7	

Quick quiz



1. When is International Men's Health Week?
2. What percentage of a man's overall health is determined by his genetics?
3. On average, how many years do men live less than women?
4. How many hours sleep should men have to reduce their risk of fatal heart attacks by 60 per cent?
5. How many servings of fruit and veggies do men need daily?

* For more information, visit menshealthweek.org.au

Did you know?

- The average golf ball has 336 dimples.
- Lettuce is a member of the sunflower family.
- It is illegal to stand within 90 metres of the Queen without socks on.



Have you taken care of your Will?

Like ripples in a pond, a gift in your Will to The Salvation Army can impact more lives than you could ever imagine

When having your Will made or updated, please consider including a gift to The Salvation Army.

Please contact The Salvation Army's Wills and Bequests team to find out how you can start or continue your legacy of generosity.

Together, we can give hope where it's needed most long into the future.

For a free copy of our Wills information booklet, contact us on 1800 337 082, email willsandbequests@salvationarmy.org.au or complete and return the coupon.

salvationarmy.org.au/wills



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