

NEWS

A royal visit

FAITH TALK

A spring in
our step

MY STORY

Taking church
to the people

Breaking the cycle

Calling out violence against women



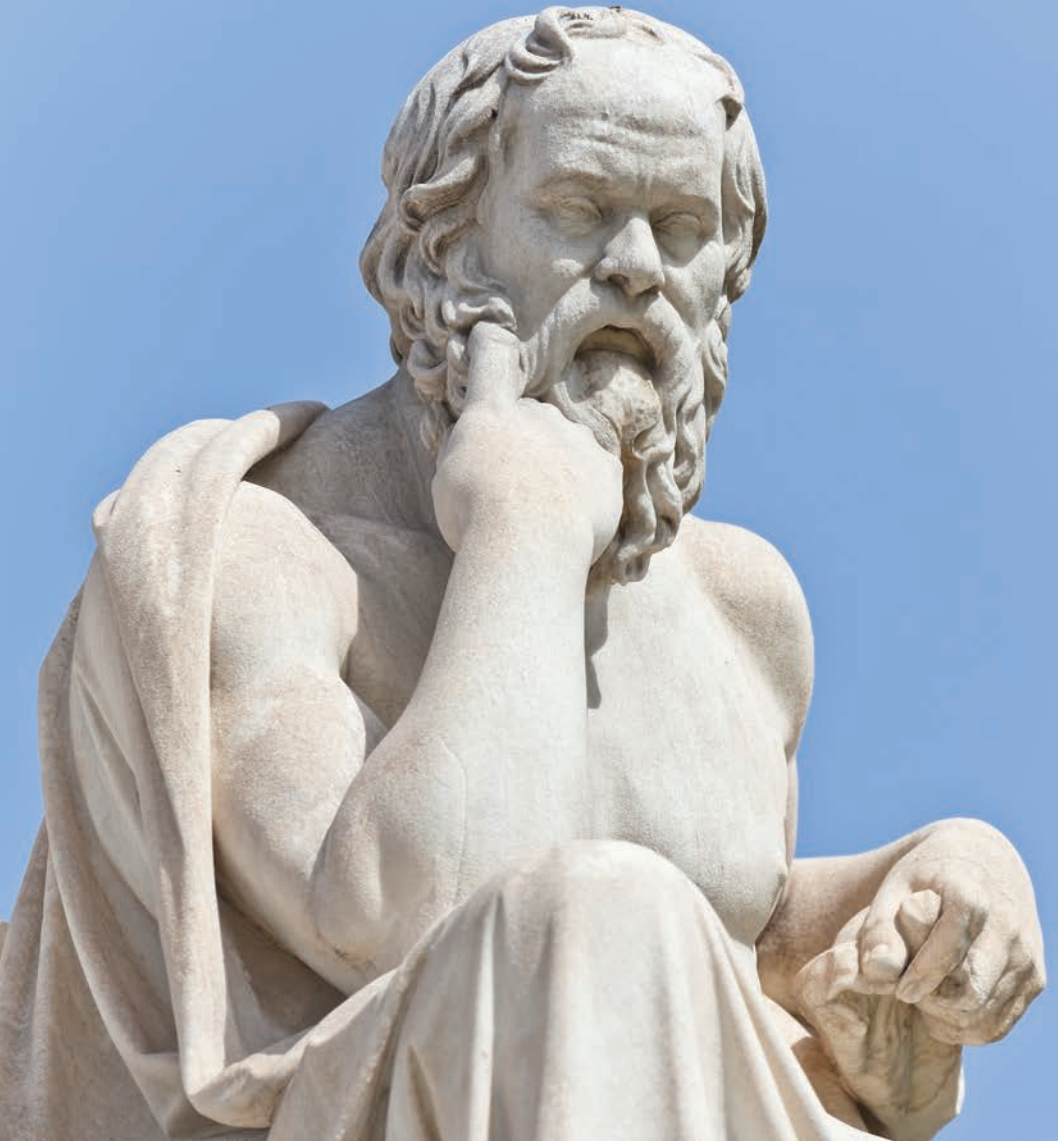
SALVOS

MAGAZINE



“The secret of change is to focus all of
your energy, not on fighting the old,
but on building the new.”

– Socrates





The Salvation Army is about giving hope where it's needed most.

What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice



The Salvation Army Australia acknowledges the Traditional Owners of the land on which we meet and work and pay our respect to Elders, past, present, and future. We value and include people of all cultures, languages, abilities, sexual orientations, gender identities, gender expressions, and intersex status. We are committed to providing programs that are fully inclusive. We are committed to the safety and well-being of people of all ages, particularly children.

Salvos Magazine

Founders William and Catherine Booth

General Brian Peddle

Territorial Leaders

Commissioners Janine and Robert Donaldson

Secretary for Communications and Editor-In-Chief

Colonel Rodney Walters

Publications Manager Cheryl Tinker

Assistant Editor Simone Worthing

Graphic Designer Ryan Harrison

Editorial phone (03) 8878 4500

Enquiry email salvosmagazine@salvationarmy.org.au

All other Salvation Army enquiries 13 72 58

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Cover: Orange represents a future free from violence against women and girls.

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Take a stand

Have you ever been out with family or friends and a joke is told that puts women down? Did you feel uncomfortable, or perhaps unsure of how to respond? Many of us have experienced situations like these and, if we're going to help break the cycle of violence against women, we need to respond, to intervene and to take a stand.

Again this year, the Salvos will be among the millions who observe the annual United Nations Day for the Elimination of Violence Against Women on 25 November. This day represents a call to action for us to work together to eliminate violence against women and children.

There are actions we can all take in our everyday lives to do this. In our feature pages, Salvation Army specialists in preventing family violence and working with survivors share some practical tips to get us started, or to continue what we're already doing.

This message is also reflected in the Bible – the desire to “free the oppressed and shatter every type of oppression” (Isaiah chapter 58, verse 6).

Let's do what we can to help break the cycle!

Simone Worthing **Assistant Editor**

Breaking the cycle

Calling out violence against women

WORDS Naomi Singlehurst

The United Nations International Day for the Elimination of Violence against Women is observed annually on 25 November. It is also the annual launch of 16 days of activism against this violence.

The campaign concludes on 10 December and aims to educate people about the prevalence of violence against women; to mobilise political change; to provide resources that address global issues; and to celebrate the achievements that have been made.

“

We need to understand that it is okay to intervene, it is okay to call it out, it is okay to put a name to the violence.

”

It is a call to action for us to work together to eliminate violence against women and children.

Dianne Gipey, State Manager of The Salvation Army's Family Violence Services in the Northern Territory and Queensland, says it is essential for all in the community to speak up, take action and not turn a blind eye to violence against women in the community.*

With one woman on average per week in Australia killed by a current or former

intimate partner, it is a matter of life and death.

The International Day for the Elimination of Violence Against Women commemorates the violent beating and assassination on 25 November 1960 of activists (and sisters) Patria, Minerva and Maria Teresa Mirabel, who were working against a repressive regime in the Dominican Republic.

CALLING OUT DOMESTIC AND FAMILY VIOLENCE

Nationally in 12 months 2020/21, The Salvation Army provided support to 9,954 women and children fleeing domestic and family violence.

The Salvation Army's National Family Violence Stream offers specialist family violence services to families and individuals who are experiencing or recovering from family violence, modern slavery and forced marriage, and those who have perpetrated family violence.

Dianne says there is a need for every person in the community to think deeply about what respect for women means personally and practically and to speak up, reach out, and seek help if they suspect situations of coercion and/or violence.

“We need to understand that it is okay to intervene, it is okay to call it out, it is okay to put a name to the violence. We want people to stop being bystanders,” she says.

“While it is important to not put more

lives in dangerous situations, it is also important to step up and step in if needed. It starts with thinking about what respect for women means for each of us. Is respect towards women laughing when a boy pulls a girl's bra strap in school grounds and thinks it's hilarious? Or is that the start of a disrespect? These things are insidious in our society.

"Maybe it is reaching out to a neighbour and saying, 'Hey I heard some shouting last night – are you okay? Is there anything I can do?'" It is faith leaders and others acknowledging it is a problem and it is not acceptable. It is not always comfortable or easy, but it is essential," she says.

“

**It is up to every one of us,
from every walk of life,
to take a stand against
violence in all its forms.**

”

**The Salvation Army Australia team works with a National Family Violence Model of Care developed for The Salvation Army by Domestic Violence Victoria – the peak body for specialist family violence response services for victim-survivors in Victoria; No to Violence, working with men to end family violence; Australian Women Against Violence Alliance; and victim survivor representatives. This year, the Salvos have adopted Respect Victoria's theme for the 16 days of activism campaign – Respect Women. 'Call it out'.*



Scan here for more on Salvation Army Family and Domestic Violence Services.

The right to be safe

Salvation Army Family and Domestic Violence Services focus on prevention, restoration and healing, providing specialist family and domestic violence support to families and individuals who are experiencing or recovering from violence and/or modern slavery and forced marriage.

While the Salvos respond with tailored services, strong policies and advocacy, no one organisation can do it all. It is up to every one of us, from every walk of life, to take a stand against violence in all its forms.

God calls us to, "Speak up for those who cannot speak for themselves; ensure justice for those being crushed. Yes, speak up for the poor and helpless, and see that they get justice" (Proverbs chapter 31, verses 8-9 *New Living Translation*).

As individuals, we need to understand the issues and courageously take a stand against violence on behalf of those who are suffering, not only in Australia but also internationally.

SPEAK UP AND ACT

Did you know?

- Almost 1 in 3 (32%) Australians believe that women who do not leave their abusive partners are partly responsible for violence continuing.
- 1 in 5 (20%) Australians believe that violence is a normal reaction to day-to-day stress.
- Over 1 in 5 (21%) Australians agree that sometimes a woman can make a man so angry he hits her without meaning to.



What can we do?

- Ask women you know about their experience of violence.
- Encourage men and boys to talk about their thoughts and feelings.
- Give men and women equal opportunities and assume that they have equal abilities.
- Don't laugh at jokes that put women down. Speak out against these jokes.
- Notice when a woman is interrupted, or spoken over, and call it out.
- Strive for gender equality in your home and place of study or work. Call out gender inequality when you see it.

- Speak to your children about gentleness and respect and model these behaviours yourself.

REACH OUT FOR HELP

- National Domestic Violence and Sexual Assault Helpline (24 hours): 1800 737 732 (1800 Respect)
- Lifeline: 13 11 14
- Kids Helpline: 1800 55 1800



Scan here for more on Salvation Army Family and Domestic Violence Services.

THE SCOPE OF FAMILY AND DOMESTIC VIOLENCE

Within Australia:

- Almost 10 women a day are hospitalised for assault injuries perpetrated by a spouse or domestic partner.
- Family and domestic violence is the biggest cause of homelessness for women and their children.
- During the first 12 months of the COVID-19 pandemic, 42% of women who had experienced violence from a partner in the past reported intimate partner violence had increased in frequency or severity.
- Aboriginal and Torres Strait Islander women are 34 times more likely to be hospitalised for domestic and family violence than non-Indigenous women.

- Migrant and refugee women are more likely to be subjected to forms of violence that relate to uncertainty around citizenship – where perpetrators threaten them with deportation or withhold access to passports.

Globally:

- 49 countries currently have no laws protecting women from family and domestic violence.
- 37 countries exempt rape perpetrators from prosecution if they are married to, or eventually marry, the victim.
- In 2020, around 47,000 women and girls died at the hands of an intimate partner or a family member. This equates to one woman, or girl, being killed every 11 minutes in their home.

Survivors of modern slavery enjoy a royal visit



HRH Princess Eugenie and Julia de Boinville speak to Nigel Long, leader of the music therapy sessions.

Survivors of modern slavery in the United Kingdom, supported by The Salvation Army, recently welcomed special guests, Her Royal Highness Princess Eugenie of York and Julia de Boinville, co-founders of The Anti-Slavery Collective, to a music therapy session.

After joining in a fun warm-up and breathing exercises, the guests enjoyed an informal performance of songs prepared by the group who have been sharing together through music every week recently, with specialist support worker and musician, Nigel Long. After the performance Princess Eugenie and Julia chatted to survivors and support workers and heard about the positive impact the sessions were having on survivors' wellbeing.

Jenny Thompson oversees The Salvation Army's London Outreach service where she manages a team of specialist

support workers who work with individual survivors of modern slavery in the community, to advocate for them and help them access support to recover from their experiences of exploitation.

"Local Salvation Army churches and community centres ... provide a key safe space for the survivors we work with," she says. "This particular church has been hosting this music session for almost a year now. Having our special guests come to listen to them singing and chat to them has been a tremendous boost and really helped with their preparation for performing to more audiences in the future.

"These sessions are about so much more than music and singing skills. They are about building confidence and giving survivors space to have fun and share with each other, at the same time as getting support from our team."

Volunteers support flood relief

They say adversity brings out the best in people, and this was clearly evident during the recent flood disaster that hit vast regions of New South Wales, Victoria and Tasmania.



The human chain that quickly formed to unload one of the helicopters that flew into Shepparton with supplies.

At the height of the disaster, The Salvation Army Emergency Services (SAES) had teams assisting at eight

centres: Creswick, Bendigo, Seymour, Echuca, Tatura and Shepparton in Victoria; Moama and Wagga Wagga in NSW. As the floods peaked, the Salvos were in 22 evacuation centres across NSW, Victoria and Tasmania.

The government provided helicopters for The Salvation Army's use, which was vital to get supplies into flood-impacted areas after floods cut off main supply routes.

Salvos workers worked around the clock to load food and supplies onto helicopters in Bendigo, and these were flown to Shepparton and Echuca, where another army of volunteers was on hand to unload and distribute these supplies.

"It was a huge team effort," said Major Warren Elliott, who manages public relations for the Salvos in Victoria. "We've said this before, but it's so true ... The Salvation Army couldn't do what it does without our volunteers. They're a special bunch." – **Dean Simpson**

Green Friday is the way to go

This year, Salvos Stores is proud to be participating in 'Green Friday', an online retail event that promotes shopping more sustainably during the Black Friday period. From 18 to 28 November, Salvos Stores are offering an online exclusive 30% discount on clothing and accessories,* giving shoppers a full 10 days of deals, as well as the opportunity to think more consciously about what they buy.

At Salvos Stores we believe in combining

purchasing power with sustainability, circular-economy thinking and social good. That's why we are partnering with Green Friday to encourage customers to limit the environmental costs of their purchases by making considered shopping choices and supporting sustainable, ethical retailers. – **Olivia Hurley**

*Online only at salvosstores.com.au. Enter code SALVOSNOV30 at checkout to redeem.

A spring in our step

Enjoying a sense of optimism as the seasons change

WORDS Belinda Davis

I am not a huge fan of the season of winter. I do not appreciate the dreary, cold days, the leafless trees or the shortened daylight hours. I seem to take on the nature of the weather in my outlook as I move through my day – stormy and grey.

One thing I look forward to is the winter solstice, as that signals the beginning of the days getting longer. Then, before long, it's the first day of spring. And, as you read this story, summer is almost here!

“

**God's message to us
is one of hope.**

”

Something magically changes in my demeanour as spring and the warmer days begin. Life seems that little bit more hopeful. The days have more colour and joy, and people appear to smile more. It can't be simply related to the weather, because I have enjoyed both glorious winter days and rainy, cold spring days. So, what is it that is buoying my soul?

There is a curse that descends with these months too – a dreaded malady known as hay fever. Those of you who have suffered from this allergy-based illness can appreciate how debilitating it

can be, and most of my family (including me) are afflicted with this. Itchy eyes, sneezing, runny nose and a dry throat are constant reminders that spring has sprung. Despite this, spring is still something I eagerly anticipate. Thankfully, as summer is approaching, these symptoms are disappearing.

MORE TO LIFE

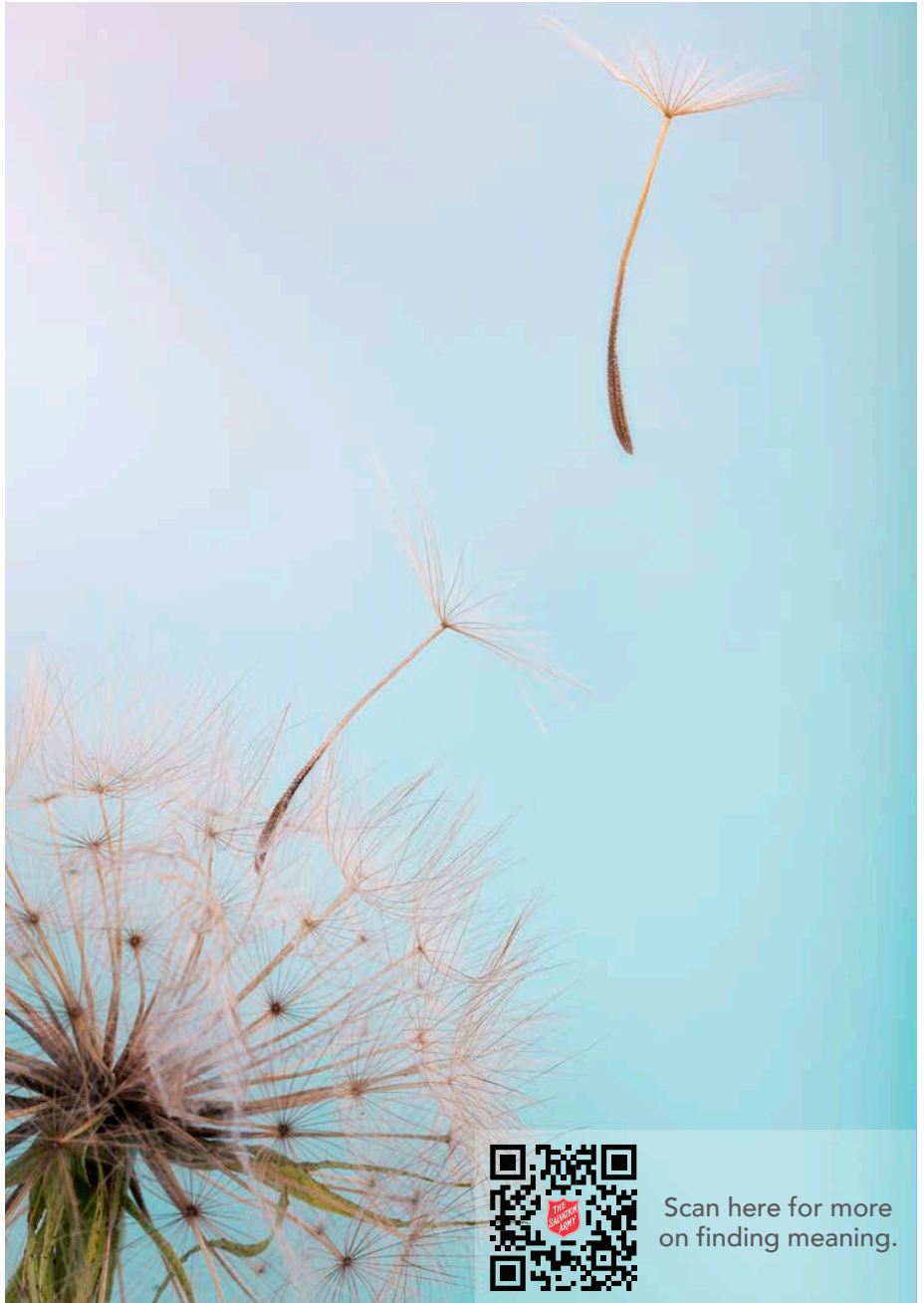
Again, the question is, what is the joy associated with spring? After some thought I have concluded that it's the sense of hope that spring brings.

Hope is such a powerful state of being. It is defined as an optimistic attitude of mind that is based on expecting a positive outcome. That defines spring for me. The world seems brighter and more positive in this season, and that can almost literally put a 'spring' in my step.

When I searched for the word 'hope' in the Bible, I found that it was mentioned 180 times! God's message for us is one of hope – hope that there is more to life than just our time on earth. If this story of hope is something you would like to know more about, why not contact a local church leader? I am sure they would love to explain it to you.

Spring is almost over, and summer is on our doorstep. Let's rejoice and put away the antihistamines and tissues!

Major Belinda Davis is a Salvation Army officer (pastor) in South Australia. She blogs at a-blessed-life.com



Scan here for more
on finding meaning.

A day in the life of ... Majors Michelle and Niall Gibson

Taking church to the people – on foot, by car or by plane

WORDS Jessica Morris

As Rural and Remote Chaplains for the Salvos, Majors Michelle and Niall Gibson share the Gospel, deliver goods and help support isolated communities in the Top End of Australia – on foot, by car or by plane! A year into their role, Salvos writer Jessica Morris interviewed the Gibsons about their ministry.

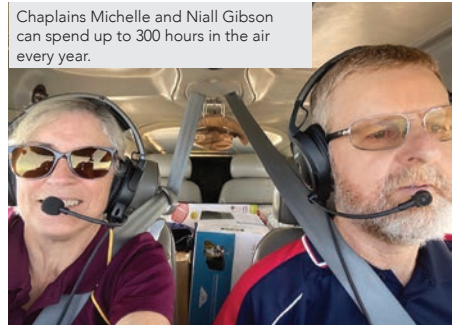
Can you give us an overview of your job?

We are Rural and Remote Chaplains, previously called Flying Padres. We fly or drive to visit remote communities and isolated people who live on stations across the Top End of the Northern Territory and Western Australia, taking the Christian message and being a listening ear. We can be someone to talk to in times of crisis and times of celebration. We are available to conduct funerals, weddings and child dedications. Another area of our work is taking Christian Education classes in isolated community schools. You could say that we take the church to the people. We also attend camp drafts, rodeos and other events that station people take part in.

What does a normal day look like for you?

Our job is quite varied. When we fly, Niall firstly studies where we are going, including the flight path and details of the airstrip, the day before. On the day, we are up early as Niall has pre-flight checks to do on the plane. Then, once we arrive, it depends on where we are visiting as to what it looks like. When we go to a station, we have a cuppa

Chaplains Michelle and Niall Gibson can spend up to 300 hours in the air every year.



with the manager and whoever else is available. When we go to a school, as well as having fun with the children, teaching them a Bible story, singing and doing crafts and activities with them, we visit with the staff and listen to their joys and worries. Then we fly home, refill the plane and put it in the hangar ready for next time. Most days are not as exciting but are spent preparing the Christian Education classes, contacting stations to ask if we can visit, and, of course, keeping up with the administrative tasks that we all have to do.

What is the most challenging aspect of your work?

This would be working out where to visit and contacting them. Some places,



especially the remote schools and communities, don't have the best internet and phone reception. Station people are very busy, so catching them on the phone can be a challenge. There can be challenges with flying and driving. With flying, it is getting to know the various airstrips, avoiding the RAAF jets (recently we had to take a detour around where they were flying), and watching the weather. Driving, we have had flat tyres, and you always have to keep an eye out for stray cattle and wildlife.

Working as a chaplain in rural and remote areas (and often flying to see people) means you are always on the go. How do you take care of yourself and stay motivated?

We spend time with God, both individually and together each day, praying and reading the Bible and devotional books. Having been Salvos corps officers (church pastors) for the past 22 years, we are enjoying attending Katherine Salvos, both for Sunday meetings and Discovery Church (Bible study). We also have a weekly time of fellowship with the other ministers in town and attend

the monthly Combined Churches Men's and Ladies' Breakfasts.

How did your time in rural Western Australia prepare you for working with communities in the Northern Territory?

We were officers in five different Salvos churches in WA, three of which were in rural communities and one which you could call remote. I laugh a little bit, as most of the places we have lived in the past 20 years have been in the wheat-belt and sheep country. Up here is cattle country, and I often say it's a whole different language! We had never heard of a camp draft and hadn't been to a rodeo before. It's a learning curve but a fun one. Having lived away from family most of our married life, both in Australia and Papua New Guinea, we appreciate some of the difficulties people here experience with distance from loved ones.



Scan here for more on the need for community.

Mish mash

Bulgarian traditional meal

Serves 4



Ingredients

1 large onion, 7-8 red peppers, 60g butter or ¼ cup olive oil, 4 ripe tomatoes (peeled and chopped), 8 eggs, 200g feta cheese (broken into small pieces), parsley, chives, salt and pepper to taste

Method

- Slice onion in half-rings and red peppers in strips.
- Sauté the vegetables in heated butter or oil for 2-3 minutes on medium-high heat. Add tomatoes, stirring occasionally, until there is little liquid.
- Whisk the eggs in a bowl and add feta cheese. Add half the parsley, chives and a pinch of salt. Mix.
- Add the egg mixture to the vegetables, stirring on low heat until eggs are cooked.
- Serve the dish warm and sprinkle with remaining parsley and chives. Add salt and pepper to taste.

Quick quiz



1. When was television launched in Australia?
2. Who launched Australian television with the words "Welcome to television"?
3. What was Network 10 originally called in Melbourne when it was launched in 1964?
4. What change happened to all TV stations on 1 March 1975?
5. What is the longest-running Australian television show, airing continuously from 1961?

Bible byte

"Speak up for those who cannot speak for themselves; ensure justice for those being crushed."

Proverbs chapter 31, verse 8
New Living Translation

Tum-Tum

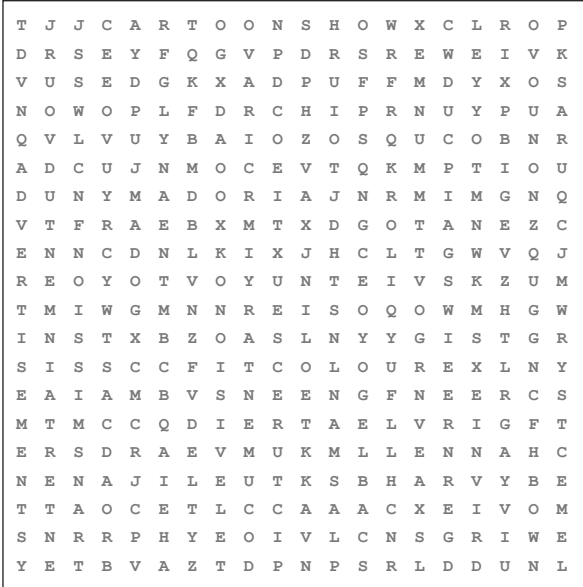
On which page of this week's *Salvos Magazine* is Tum-Tum hiding?



Wordsearch

Words are hidden vertically, horizontally, diagonally, forwards and backwards. Enjoy!

- Advertisement
- Animation
- Broadcast
- Cable
- Cartoons
- Channel
- Colour
- Documentary
- Drama
- Entertainment
- Movie
- News
- Picture
- Plasma
- Screen
- Show
- Sitcom
- Sound
- Station
- Subtitles
- Television
- Transmission
- Viewers
- Volume



HAVE A LAUGH

I saw an advertisement: "Television for sale for only \$10, but the volume is stuck on full." I thought to myself, "I can't turn that down."

My parents told me I should start watching less television and read more, so I turned on the subtitles.

I was disappointed when I discovered that my universal remote control did not control the universe. Not even remotely.



DID YOU KNOW?

The United Nations General Assembly proclaimed 21 November as World Television Day in 1996.

In 1884 Paul Gottlieb Nipkow of Germany developed the first mechanical television, which featured an 18-line resolution.

Nipkow did not call his invention a television; he called it an electric telescope.

Answers: 1. 16 September 1956 2. Bruce Gyngell 3. Channel 4 4. They started broadcasting in colour 5. Four Corners (ABC TV)
Tum-Tum: is hiding behind the image on page 13.



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