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A view from the Romanian border

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The jigsaw principle

MY STORY

Embracing the beauty of Australia

Get Up! Stand Up! Show Up!

Responding to the NAIDOC Week theme



SALVOS

MAGAZINE

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Sometimes we speak different languages, but our hearts are the same.

Mykyta Isagulov



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The Salvation Army is about giving hope where it's needed most.

What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice



The Salvation Army Australia acknowledges the Traditional Owners of the land on which we meet and work and pay our respect to Elders, past, present, and future. We value and include people of all cultures, languages, abilities, sexual orientations, gender identities, gender expressions, and intersex status. We are committed to providing programs that are fully inclusive. We are committed to the safety and well-being of people of all ages, particularly children.

Salvos Magazine

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Standing together

NAIDOC Week celebrations take place across Australia each July to highlight the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. The theme for NAIDOC Week this year (3-10 July) is 'Get Up! Stand Up! Show Up!'

In My Story, Maria shares about her childhood, learning Aboriginal culture, history and stories from her grandfathers and grandmothers, and the impact this has had on her throughout her life. She also writes about the NAIDOC Week theme and the need for all Australians to stand strong together for the benefit of all

Standing strong together for Ukrainian refugees is also a feature in this edition, through a Q&A with Darren Elsley, an Australian Salvation Army officer (pastor) deployed to Romania to assist the Salvos' international response.

Losing interest and momentum when things get hard is a common human tendency. Belinda Davis writes about this in Faith Talk and shares how, through some ancient wisdom from the Bible and a little strategic planning, obstacles can be overcome and our potential realised.

How will we each stand strong in the coming weeks, and for what purpose?

Simone Worthing Assistant Editor

FEATURE SALVOS MAGAZINE

A view from the Romanian border

Caring for Ukrainian refugees fleeing Russia's invasion

Major Darren Elsley, a Salvation Army officer (pastor) based in Broken Hill (NSW), is currently on the Romania-Ukraine border, assisting Ukrainian refugees as part of The Salvation Army International Emergency Services team (IES). Darren spoke recently with Salvos Magazine.

Salvos Magazine: How did you come to be in Romania with the IES team?

DE: I've been part of the IES team for several years now, having first trained with them in Sydney and then in Kathmandu, Nepal. I was closely involved with IES for several months during 2015 and 2016 in the aftermath of Cyclone Pam that brought destruction upon the islands in Vanuatu. IES team members are deployed to provide support and assistance to areas where The Salvation Army has a presence, as well as other countries affected by disaster and conflict.



SM: What is your role there?

DE: My role in Romania is to assist the local Salvation Army in assisting children, women and families who have fled war-torn Ukraine for the safety of neighbouring Romania.

SM: How long is your deployment?

DE: Two months. I left Australia on 28 May and will be returning home on 28 July.

SM: Where in Romania are you, and will you be there for the duration of your deployment?

DE: I'm currently in Bucharest, the capital city of Romania, and may be here for the duration of my deployment. Things can change quite rapidly though, and I might find myself serving elsewhere. We are working out of Romexpo, an exhibition centre, which the city has turned into a refugee centre. Here The Salvation Army works alongside UNHCR (United Nations High Commissioner for Refugees), World Vision, Save the Children, and several other NGOs (Non-Government Organisations) and local community groups and volunteers.

SM: Who are you working with on your IES team?

DE: Major Heather Rossouw (Team Leader) from South Africa, Captain Daniel Bisko from Czech Republic and Yuliia (herself a Ukrainian refugee) who IES has employed as an interpreter. We are together supporting the Romanian Divisional Leaders – Majors Ionuts and Roxana Sandu. The IES has been

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in the country since March. We replaced the previously deployed team, and another team will arrive late July to replace us.

SM: Can you describe what you are seeing as you serve – the people, the work, the public response?

DE: I'm witnessing the amazing resilience of people. There is a relative calm, perhaps a sense of relief at having escaped the dangers of war, and yet there remains the anxiety and concern for those they have left behind. The Romanian community has accepted the Ukraine refugees with open arms and open hearts. There is a constant stream of local people bringing donations to the centre, much like what we witness in Australia when the public responds so generously to those affected by natural disasters.

SM: How are you feeling when you see, talk to and hear the stories of those who have fled the war?

DE: My heart goes out to the people of Ukraine. It's hard for me to imagine what they must be going through, coming from Australia where we live in freedom and peace.

SM: What is the atmosphere like where you are?

DE: The atmosphere where I'm working is peaceful and calm. The volunteers here have worked hard to ensure it is so. There is compassion, care, love and even laughter.



The Romanian community has accepted the Ukraine refugees with open arms and open hearts.



SM: What are some of the main challenges the refugees are facing?

DE: Our translator Yuliia said that adapting to a new country with a different language, financial hardship and securing accommodation are the main challenges.

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SM: What are some of the main challenges for you in your work?

DE: The language barrier. I'm in Romania, serving people who are not Romanian. There are two foreign languages to try to understand. Thank God for sending Yuliia to translate for us! But they say that 80 per cent of communication is non-verbal, so I have been able to show compassion and empathy with body language and facial expressions.

SM: How are the refugees responding to Salvation Army help?

DE: The help that we can provide, which at present is vouchers that can be used

at local shops and pharmacies who have partnered with us, is gratefully received and appreciated. There are no arguments, no complaints, only a genuine gratitude for what we can do.

SM: For how long will The Salvation Army remain in Romania?

DE: The IES will continue to support the Salvos in Romania for as long as the crisis continues.

SM: What are some of the joys you are experiencing despite the circumstances?

DE: Witnessing the generosity of spirit. Working alongside Romanians united in purpose.

SM: How can people in Australia help?

DE: Donate online and pray. Go to www.salvationarmy.org.au/donate/ make-a-donation/donate-online



Scan here for more on mental health.

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Get Up! Stand Up! Show Up!

Reflections on the NAIDOC Week theme

CELEBRATE AND COMMIT

As a migrant to these lands we now call Australia, I am deeply moved by the resilience, wisdom, creativity, courage and strength of First Nations peoples. During NAIDOC Week, we focus on celebrating the ongoing contributions of God's chosen caretakers of these beautiful countries. We are also reminded that it is only as we stand together and continue to fight for systemic change that justice and equity will truly be possible. Let's celebrate, but let's also commit to standing alongside our sisters and brothers and ensuring their voices are heard. – Sandra, Melbourne

INTENTIONAL EFFORT

"Get Up! Stand Up! Show Up! means justified work and effort on my part. Getting up means getting up to date with Australia's shared history. Getting up also requires reading the 440 words that make up the Uluru Statement from the Heart.

Standing up means doing something. Getting to know local Aboriginal and Torres Strait people and their language, hearing stories and having a cuppa. Standing up means talking about our history, listening to the hopes for the future (which in part has been done for us – Uluru Statement from the Heart) and using our podiums of power for others to speak.

These things, along with acknowledging personal and corporate failures, should be a natural response when we read Scripture – look after the lonely, widows, orphans, homeless and oppressed. – BJ, Kalgoorlie-Boulder

RESPECT AND GRATITUDE

'Get Up! Stand Up!' means getting up to speed and listening to what are the key issues for our Indigenous brethren. 'Stand up' is being alongside living, loving and fighting with, not for, our brethren, for practical restorative and just outcomes wherever I am and have influence. It's important to embody and live out this theme with respect and gratitude. That is what I can be and do as a fifth-generation recent arrival. – **Andrew, Brisbane**

RECOGNITION AND RIGHTS

The celebration of NAIDOC Week means we recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples across all the lands of Australia. Recognition is the start, leading to attitudes and behaviours that ensure that our First Nations people are seen, heard, valued and understood, not only in areas of society that affect them directly but in all areas.

This year's theme – 'Get Up! Stand Up!' – is a rallying call to do what we can to challenge systems that have, and continue to, harm people's dignity and worth and to ensure that all people can flourish. We need to prioritise systemic change and individual commitment to change to ensure justice is experienced and our First Nations people are given the recognition and rights that they, as fellow humans, deserve. – Karen, Melbourne

For more reflections from the Salvos, go to



FEATURE SALVOS MAGAZINE

CareerTrackers building bright future for Indigenous interns

New Salvos partnership brings mutual benefits to all involved

WORDS Naomi Singlehurst

Late last year, The Salvation Army, in partnership with the Indigenous Internship program CareerTrackers*, offered roles to four interns for the duration of their university degrees. Those first interns began working within the Human Resources, Alcohol and Other Drugs (AOD), Domestic and Family Violence and Enterprise Change teams of the Salvos.

In the spirit of the NAIDOC Week 2022 theme – 'Get Up! Stand Up! Show Up!', which speaks to creating meaningful change for First Nations peoples – The Salvation Army has launched a pilot program that works with Aboriginal and Torres Strait Islander interns



Stephanie Tasker is project coordinator for the partnership.

of excellence for the life of their degree. The program has been funded for the first 12 months through a Salvation Army Aboriginal and Torres Strait Islander grant.

Internships generally run over 12 weeks each year. The aim is to eventually convert the internship to a full-time position after graduation.

"

I am ... so grateful that I was offered the position as an intern.

"

"We recently completed the first block and had great feedback from our managers and our interns," says Stephanie Tasker, project coordinator.

The process begins with the Salvos team outlining each role available. CareerTrackers then matches a student and provides a profile of one suitable potential intern for each role.

"From there, we receive more information about the intern, including what they are studying and where their career is heading and then work through the usual recruitment process," Stephanie explains.

"Our goal is to ensure both the student and The Salvation Army service flourish. 2 JULY 2022 FEATURE

NEW EXPERIENCES AND OPPORTUNITIES

Intern Isobel, a Badu, Mabuyag and Boigu Islands woman who is studying a Bachelor of Social Work (Hons) at the University of Queensland, completed the first block of her CareerTrackers internship earlier this year at the Salvos' recovery centre in Brisbane.

For Isobel, AOD was a completely new area of work to consider and, at first, she was nervous about working in the field.

"I am so happy that I took the leap of faith and accepted the interview invitation," she says. "I am even happier and so grateful that I was offered the position as an intern.

"The internship allowed me to gain skills, knowledge and insight into AOD, as well as general therapeutic interventions, welfare frameworks, and the systems and structures involved in human services.

"I was able to draw [on] and utilise knowledge and skills learnt during my studies in social work, which was an empowering process because it connected study and practice, and I will be able to carry this on as an emerging social work practitioner."

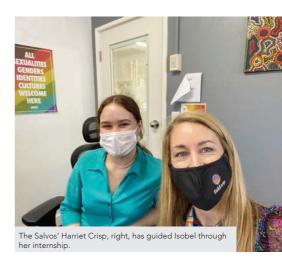
Isobel has been guided by Harriet Crisp, the Salvos' AOD State Manager in Queensland.

"The projects Isobel completed during her internship will support our team to better support participants and have better outcomes," Harriet says. "We also want to acknowledge Isobel's positive energy and effect she had on the centre. This is truly a reciprocal exercise."

LEARNING FROM EACH OTHER

Stephanie says more internships will be offered at a pace that ensures the very best experience for current and future interns.

"We have incredible interns who learn from their line managers, peers and teams about the sector that they are interested in for



their careers and so build skills and capability," she says.

"However, managers and teams also learn from the intern just as much. Teams learn how to create a culturally safe and welcoming environment and to be open to suggestions and changes based on their intern sharing (if they wish) of their own culture and identity.

"This gives their teams a deeper understanding, respect and desire to learn to work even more effectively alongside Aboriginal and/ or Torres Strait Islander colleagues, clients, customers and community members. So, it has a huge flow-on effect. When our interns thrive, we all thrive!"

*CareerTrackers is a non-profit organisation working to help create pathways and support systems for young Aboriginal and Torres Strait Islander adults to attend and graduate from university "with high marks, industry experience and bright professional futures."



Scan here for more on the need for community.

FAITH TALK SALVOS MAGAZINE

The jigsaw principle

Developing strategies to get where we want to go

WORDS Belinda Davis

When I was growing up, one of my favourite adverts on television was of Australian artist Pro Hart recreating one of his famous dragonfly artworks on carpet using food instead of paint. It featured a cleaning lady coming in to find it and her memorable line, "Oh, Mr Hart ... what a mess!"

I am a big fan of Pro Hart's painting style and was delighted to visit his studio in Broken Hill (NSW) in 2016. There I saw his creative space, along with a variety of painted objects, including his cars.



I purchased a 1000-piece jigsaw puzzle of one of his dragonfly paintings, which remained unopened for a couple of years before I felt brave enough to give it a go in 2019.

CHANGING TACTICS

I managed to complete the edges, but then progress stopped for several months before I packed it up, feeling completely defeated by the random squiggles of paint colour on the beige carpet background.

Having recently had a renewed motivation to complete jigsaw puzzles, I decided to give

the dragonfly one more go. Now, I take the time at the start of the puzzle to sort the pieces into colour categories when I am separating edges from the inner pieces. Taking this extra preparation time at the beginning rewards me with less time and effort needed during the puzzle's formation.



I have also learned that, with the more complex puzzles, if I take progress photos, I can soon determine that I am actually making progress. It is so easy to feel like any effort has produced little result without these comparison photos and to get disheartened.

Using these two strategies, I completed this challenge in just 11 days! This was such a stark contrast to my previous attempt that lay dormant after an initial burst of effort.

PERCEPTION VERSUS REALITY

How often in life do we feel like we are not making any progress and give up altogether? For me, it is all too easy to believe that my time and effort in a variety of areas is fruitless, and it's not worth continuing.

Often, it is perception, not reality.

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For most of us, nothing of value comes easily. It should take time, focus and concentrated effort, otherwise we diminish its worth. If it arrives without blood, sweat and tears, it can be more readily discarded.

"

There is a human tendency to lose interest and momentum when things get a little hard.

"

In the Bible, wise King Solomon from a couple of thousand years ago wrote, "Whatever your hand finds to do, do it with all your might" (Ecclesiastes chapter 9, verse 10). I believe he knew that there is a human tendency to lose interest and momentum when things get a little hard.

If we apply my jigsaw principle, a little bit of preparation and tracking progress will help lead to a successful outcome. God has created us to achieve great things, but they will not land in our laps. There is effort we need to apply if we wish to reach the full potential he has for each of us.

Experience has shown me this is true, even in something as simple as a jigsaw puzzle, and I know it can be true for you too.

What project will you apply this principle to?

Major Belinda Davis is a Salvation Army officer (pastor) in South Australia. She blogs at a-blessed-life.com



Scan here for more on finding meaning.

MY STORY SALVOS MAGAZINE

Maria's passion for building understanding and engagement

Embracing the beauty Australia has for all

WORDS Naomi Singlehurst

In the months leading up to NAIDOC Week 2022, Maria – The Salvation Army's first Aboriginal and Torres Strait Islander Engagement Coordinator for South Australia and the Northern Territory – participated in a 13-day 'cultural mission immersion experience'. It was designed to help emerging Salvos leaders gain deeper insight into, and understanding of, Australia's First Nations people.

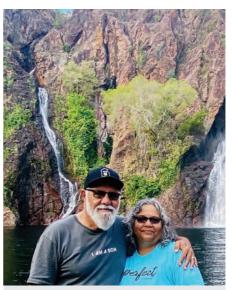
The tour visited Salvos churches, programs and services in Darwin, Katherine and Alice Springs. It also included connection with local Elders, visits to culturally significant sites, prayer walks, cultural training and more.

"It was an eye-opener for me," Maria says. "It gave me a better idea of the amazing programs The Salvation Army runs in the Northern Territory. Now it is a matter of connecting back with key managers and leaders ... looking at how we, as The Salvation Army, acknowledge, understand, honour, respect and create a culturally safe and welcoming space."

"We have Aboriginal and Torres Strait Islander peoples living the effects of terrible experiences, and we must have understanding. It means looking at how we engage in truth-telling around injustices to Aboriginal peoples, [asking] what does reconciliation look like for us and ensuring our spaces are welcoming and safe – spiritually, culturally and physically."

BACKGROUND IN CARE

Maria grew up around the eastern Goldfields of Western Australia, including the Mount Margaret Mission.



Maria with her husband Paul at Litchfield National Park, Northern Territory.

"School gave me the English and maths," she says. "But I also had the Aboriginal teaching of culture, kinship systems and language, and the importance of maintaining our own stories because I had grandfathers and grandmothers who were able to teach us."

For most of her adult life, Maria was based at Port Augusta on Barngarla land, working in Aboriginal health in the field of drugs and alcohol, dental care and women's mental health. She then worked on the remote Anangu Pitjantjatjara Yankunytjatjara (APY) lands in lateral violence education and running breakfast programs.

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Maria also worked in creative arts therapy and spent two years working with her first husband with the Church of Christ in Mooroopna, Victoria, and surrounding areas offering support, prayer and pastoral care.

FAITH AND RECONCILIATION

Passionate about reconciliation and faith, Maria and her family took on the funding and running of an existing program and continue to run 'Dusty Feet Mob', a dance and performance group that performs at festivals, schools, churches and more. This was seven years ago.

"We go to schools and talk about the reconciliation journey, cultural awareness around the Stolen Generation, and also talk about our Christian faith and where God has led us," she shares.



There is great strength in standing up and standing strong together!



"In all this, Jesus is central to my life. I committed my life to God when I was about seven or eight. My whole journey has been sharing the love of God to people, and I pray that God continues to guide me."

INDIGENOUS SHOWCASE

During NAIDOC Week 2022, Maria will support Salvation Army churches, programs and services as they engage with and more deeply understand Aboriginal and Torres Strait Islander peoples and culture.

She says: "For me, the 2022 NAIDOC theme – 'Get Up! Stand Up! Show Up!' – means getting up there and continuing to be a strong advocate for our people. 'Stand Up'



Maria, third from right at back, with the cultural immersion group at Standley Chasm, Northern Territory.

means I stand as a strong Aboriginal person, empowered to make a difference.

"NAIDOC is always a great time because it is a chance to showcase who we are as Aboriginal and Torres Strait Islander peoples. It offers a focus and space to showcase our history, languages, songs, our dance, our art, whether it's through education, storytelling, poems, singing or dancing. It is also a chance to show that in 2022, we are still standing strong and proud.

"I think we really are all in this together, and my hope is that, as one, we can move forward in this space and embrace all the beauty that Australia has for us all. I would encourage everyone from all different backgrounds and nationalities to join with us and embrace the NAIDOC celebrations we bring to the community. There is great strength in standing up and standing strong together!"



Scan here for more on the need for community.

Peach and poppy seed muffins



Ingredients

2½ cups self-raising flour, ¾ cup caster sugar, 1 tsp poppy seeds, 125g melted butter, 2 eggs (lightly beaten), zest of one orange, 2 x 120g tins diced peaches.

Method

- Preheat oven to 190°C. Grease or line a 12-cup muffin tin.
- In a mixing bowl, sift flour and sugar together. Add poppy seeds. Combine.
- Add melted butter and eggs to flour mixture and mix well.
- Fold through orange zest and peaches (including juice).
- Spoon mixture into prepared muffin tin. Bake for 20 minutes or until a skewer inserted into the muffin comes away cleanly.
- Turn out onto a cooling rack. Serve muffins warm or at room temperature.

Tum-Tum

On which page of this week's *Salvos Magazine* is Tum-Tum hiding?



Quick quiz

- Claude Monet is most known for his paintings of what?
- 2. Salvador Dali is associated with which art movement?
- 3. Which French artist is famous for his fascination with ballerinas?
- 4. What is unusual about Leonardo da Vinci's painting, the Mona Lisa?
- 5. Black and white are not colours, they are ...
- 6. What object commonly appears in Pablo Picasso's paintings?



Bible byte

"But let justice roll on like a river, righteousness like a never-failing stream!"

Amos chapter 5, verse 24
New International Version

2 JULY 2022 TAKE FIVE

N С S Т R Α D Ι Т Ι O N Е Ι D Ν Ι IJ S G D т Е Е S Y R 0 Ε R Ν т Y Т Ι N R S D Ι В Е W Ρ L V Ι Е U D N 0 N N Т U Т т E G E D Х Т Е R S O М т N Α L Ι Т Т Α S E т. С R Ι С S 0 Ħ 0 Ρ В D R Е Α M Ι N G С

Wordsearch

Words are hidden horizontally, vertically, diagonally, forwards and backwards. Enjoy!

Aboriginal
Canberra
Circles
Community
Complex
Cooee
Coolamon
Country

First Nations
History
Indigenous
Justice
Kangaroo
Land
Meeting Place

Creation Culture Custodians Deadly Diverse

Dreaming

Mob
Spirituality
Traditional
Welcome
Yarning



have a laugh

A rich snail goes into a car showroom and buys a sportscar.

"I want a big S painted on the left side, the right side, the front, the back. I want big Ss everywhere!" the snail says.

Puzzled, the salesman asks why.

The snail answers, "When I pass people on the road, I want them to point at me and say, 'Wow! Look at that escargot!"

Why did the art thief's van run out of petrol as he drove away from the museum?

Because he had no Monet to buy

Degas to make the Van Gogh.

did you know?

NAIDOC Week celebrates the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

NAIDOC stands for 'National Aborigines and Islanders Day Observance Committee', the name of the group that originally organised NAIDOC Week activities.

The National NAIDOC Theme for 2022 is 'Get up! Stand Up! Show Up!'

Answers: 1. Water lilies 2. Surrealism 3. Edgar Degas 4. She has no eyebrows 5. Shades 6. Guitar Tum-Tum: is hiding in Pro Hart's car on page 10.

