

FEATURE

Salvos trial first electric vehicle

NEWS

Salvos Stores support circular economy

FAITH TALK

Centring yourself on the map of life

Only One Earth

Reducing our footprint on the planet

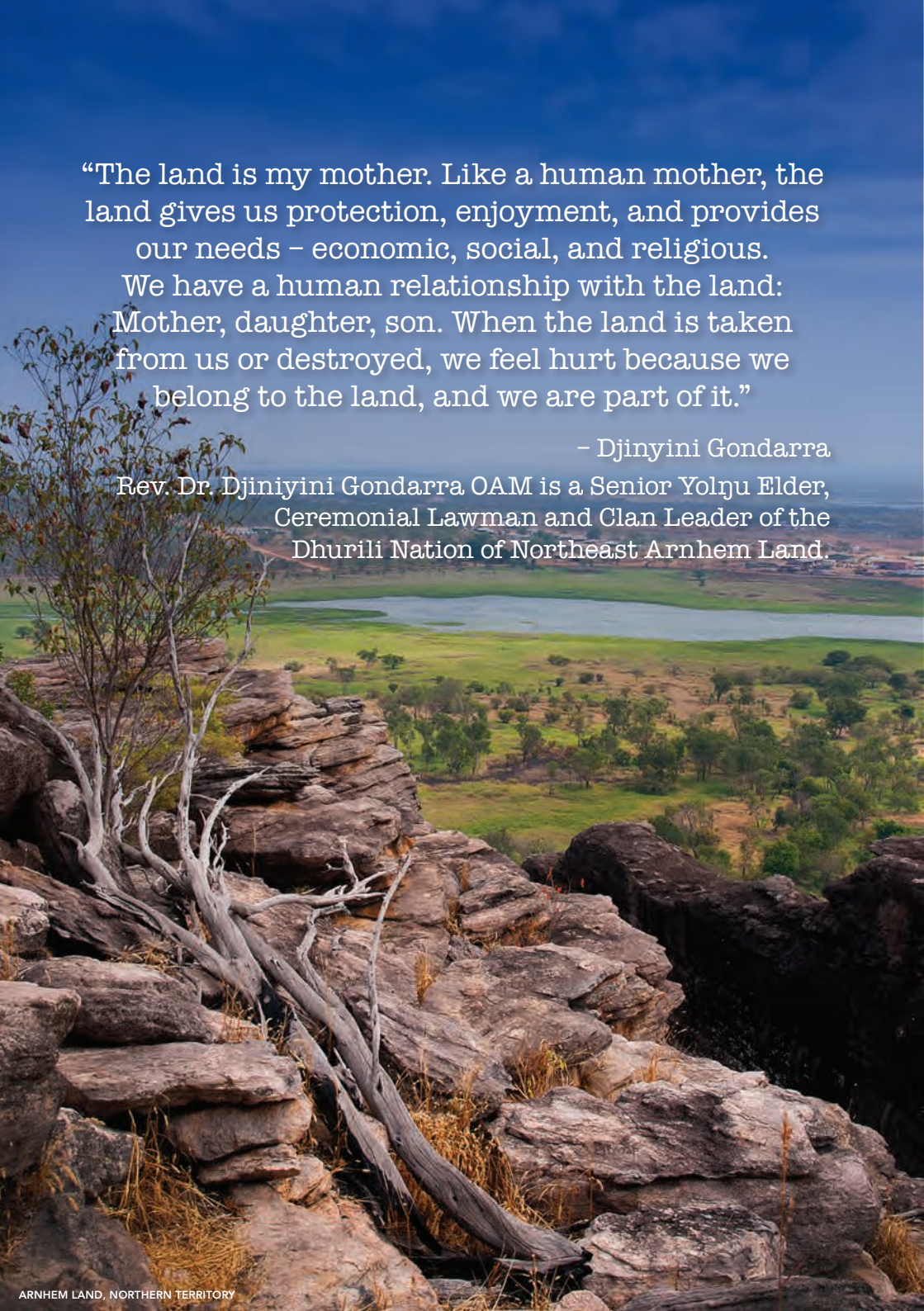
WORLD ENVIRONMENT DAY 2022



SALVOS

MAGAZINE





“The land is my mother. Like a human mother, the land gives us protection, enjoyment, and provides our needs – economic, social, and religious. We have a human relationship with the land: Mother, daughter, son. When the land is taken from us or destroyed, we feel hurt because we belong to the land, and we are part of it.”

– Djinyini Gondarra

Rev. Dr. Djiniyini Gondarra OAM is a Senior Yolŋu Elder, Ceremonial Lawman and Clan Leader of the Dhurili Nation of Northeast Arnhem Land.



The Salvation Army is about giving hope where it's needed most.

What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice

Salvos Magazine

Founders William and Catherine Booth

General Brian Peddle

Territorial Leaders

Commissioners Janine and Robert Donaldson

Secretary for Communications and Editor-In-Chief

Lieut-Colonel Neil Venables

Publications Manager Cheryl Tinker

Assistant Editor Simone Worthing

Graphic Designer Ryan Harrison

Editorial phone (03) 8541 4562

Enquiry email salvosmagazine@salvationarmy.org.au

All other Salvation Army enquiries 13 72 58

Press date 23 May 2022

Printed and published for The Salvation Army by Commissioner Robert Donaldson at Focus Print Group, Rowville, Victoria

Some photos in this magazine were taken prior to the COVID-19 pandemic.

 salvosmagazine.org.au



Feature [4]
Salvos trial first electric vehicle

Faith Talk [10]
Centring yourself on the map of life

My Story [12]
Livvy sends 'luv' around the world

The time is now

The theme for this year's United Nations (UN) World Environment Day on 5 June is Only One Earth.

According to the UN, we use the equivalent of 1.6 Earths to maintain our current way of life, and ecosystems cannot keep up with our demands.

Studies show that living sustainably could reduce our greenhouse gas emissions by 40 to 70 per cent by 2050. This would, in turn, impact pollution, poverty, climate change, health, wildlife habitats and economic development.

Time is running out, and nature is in emergency mode. We need to act today. The good news is the solutions and the technology exist and are increasingly affordable.

God also told the first humans that they were "trustees" of his "estate", and they were to care for his creation (Genesis chapter 1, verses 26-28, *The Voice Bible* translation).

It can be challenging at times to know how we can do this. This edition looks at some actions we can take individually and collectively, and highlights a couple of initiatives that are already making a difference.

Simone Worthing **Assistant Editor**

Salvos trial first electric vehicle

WORDS Staff writers

In October last year, The Salvation Army procured its first electric vehicle (EV) to trial a transition to a renewable fleet. Partnering with AGL as part of their Innovation Fund, the Gawler Salvos in South Australia was provided with a charger with smart configuring capabilities that allows the Salvos to build data on charging times and work out the feasibility of 100 per cent renewable energy powering a vehicle for one of our Salvo officers (pastors).

HOW DOES IT WORK?

Devices are becoming increasingly intelligent; a vehicle charger can now talk to a metering device to see if the building is generating more solar than it is using and exporting the excess. If we can see when we are exporting solar, we can tell devices to automatically turn on to use some of this generated energy.

“

We are being seen as very proactive and responsive to the climate crisis, which I definitely think the Church needs to be a frontline leader on.

”

WHAT DOES IT COST?

EVs cost more upfront than internal combustion engines (ICE). So how can we see economic parity? With the cost of fuel sitting

at record highs and the cost of self-produced electricity falling, there are financial and environmental benefits in using our excess solar production to power EVs.

For example, in a standard Kia Sportage, fuel consumption is seven litres per 100km. Therefore, travelling 450km costs around \$53 at current average petrol prices of \$1.70. In comparison, a Kia E-Niro EV charged using only solar excess costs only \$4 for a full charge to travel 450km, or \$16 if charged using the grid.

In short, EVs save money on fuel and maintenance and have a positive environmental impact – but it can take an extended period to pay back the upfront cost. Overall benefits begin to stack up in the long term and when the overall environmental impact is considered.

Q&A WITH MAJOR DARREN DWYER, GAWLER CORPS OFFICER

How has EV ownership changed the way you use your vehicle?

DD: Overall, there is not much significant change, just a bit of forward planning.

Did you have any concerns and, if so, how have these been overcome?

DD: We had concerns over charger network coverage and our ability to do longer journeys. However, we soon found that with a little planning, this was quite easily overcome. In fact, a month after having the car, I drove to Wagga Wagga from Gawler to conduct a wedding (a round trip of approximately 1850km) with no issues. As the charging points were all free, I did this entire trip with no fuel cost and no emissions.



Daytime charging is the most cost-effective way to charge the vehicle due to the substantial solar system at Gawler Salvos. Have you had any trouble managing this?

DD: Not at all. We have a simple system where an RFID tag unlocks the charger, then I plug the car in and leave it while I work in the office. It really couldn't be simpler and cheaper.

Have you seen a positive social impact for yourself and for the Salvos?

DD: Yes, it has certainly opened some interesting conversations as people see the car and see the link to the Salvos. We think we are only one of three EVs in the town of Gawler, so we are being seen as very proactive and responsive to the climate crisis, which I definitely think the Church needs to be a frontline leader on.

I have also noticed a subtle admiration of The Salvation Army for being innovative, ahead of the curve, and willing to make some difficult decisions to accelerate social change and respond to a global social justice issue.

I have even had encounters head into spiritual territory as I have talked about our desire to be good stewards of creation and its finite resources. I strongly believe that there is a

missional imperative in adopting an emission-free approach to our transport and power needs. If we want to reach the hearts and minds of the upcoming generations with the Gospel, we are going to have to demonstrate a clear and consistent message on how we are responding to climate change. Why would they listen to any organisation or individual who is not addressing the anxiety of the age?

Ask any young person what concerns them most, and I guarantee the vast majority will answer they are anxious and perplexed about the future of the climate and their own futures in a depleted environment. Adopting these simple and achievable measures gives us an obvious and credible way to say, "We understand, and we are doing something about it; we are not sitting on our hands hoping it all might go away."

I believe you win the hearts of the younger generation through authentic action.



Scan here for more on the need for community.

Call of the wild

More than simply a walk in the bush

WORDS Melanie Cop

Around three years ago, I was working in a highly stressful role. I was functioning on adrenaline and found it very difficult to settle. I was even speaking quickly just to keep up with my thoughts.

One day, my supervisor/counsellor took our monthly session outside for a walk. I was power-walking, and he had to slow me down to a stroll. By the end of our one-hour session, I remember slowing down and even stopping to smell the lavender in the front yard of my home. My heart rate had settled, and my mind was so much clearer. All in just one hour. This was the beginning of my Forest Therapy journey.



Melanie, front, shares Forest Therapy with a group of colleagues.



Forest Therapy is about turning into the bush.

Forest Therapy is about stillness – allowing our bodies to slow down so that we experience time in the same way nature does. It's not about walking a certain distance, counting steps or achieving a certain speed. It's slow!

Once our bodies have 'tuned in' to the bush, we are more able to receive what it offers.

Our sensory input is enhanced, and people often comment on how much more they can see, hear, smell and feel (we don't taste!) once they have slowed down.

Once we have slowed down, our bodies 'bathe' in the clouds of naturally occurring phytoncides (mixtures of essential oils

derived from plants). While we are yet to discover how these phytoncides connect with our internal health systems, they produce beneficial results in several areas.

It's quite a beautiful experience!

TAKING TIME

Taking time to 'just be' in nature is one of the best gifts you can give yourself. When I focus on what is near me, what is in the distance, what I can see close or far away, and what I can smell and touch, it is so grounding. It offers a space to breathe, walk, and even talk to the trees to calm and refocus.

One of my biggest challenges was just to stop. My thoughts will take off on all kinds of tangents, but when I take time to 'tune in my senses' and redirect my thoughts, clarity, calm and peace result. God and I have had many a chat in this space. I am so grateful for the creation gifted to me.

“

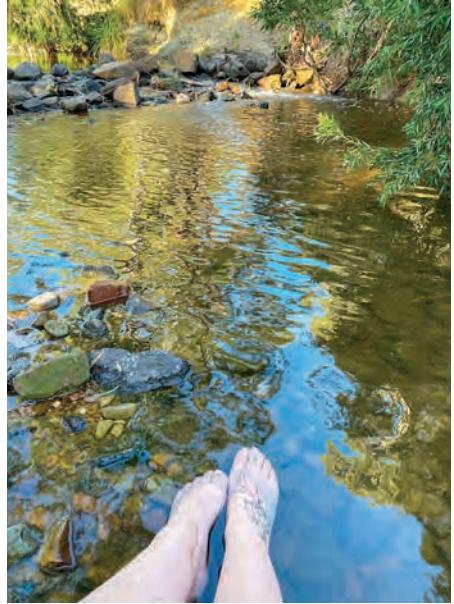
**God and I have had many
a chat in this space.**

”

Forest Therapy is also about raising the awareness of conservation and climate change issues. As we understand better how closely connected our well-being is to the natural environment, the more outraged we become when it is needlessly destroyed. We are hurting ourselves when we hurt the bush.

Forest Therapy or 'bathing' can be practised anywhere there is a tree – your backyard, the local park, the mountains, the rivers or a local creek.

My job remains stressful, but my Forest



Taking time out in nature is highly recommended.

Therapy practices have made a difference in how I practise self-care. Exploring nature, breathing, and just being in an outdoor environment offers so much more than I could have ever imagined.

I know exactly what I need when I begin to feel my stress levels rise or deal with something tough. I also like to make it a regular part of my week to try to maintain a place of well-being rather than it becoming a solution.

I cannot recommend enough taking time-out in nature.

Captain Melanie Cop is a Salvation Army Chaplain, Domestic and Family Violence Victoria.



Scan here for more information on Salvation Army Family and Domestic Violence Services.

Salvos Stores support circular economy

Every year, millions of items end up at second-hand stores around the country, including Salvos Stores.



Focus on customers is a Salvos Stores priority.

Salvos Stores remain committed to using circular-economy thinking to achieve the complementary goals of promoting sustainable shopping practices, minimising environmental impact and providing community support and services.



Donations to Salvos Stores can now be posted through Australia Post.

Each year, more than 40 million items are diverted from landfills through the resale and recycling undertaken by Salvos Stores. In the past 25 years, this has accumulated to 575 million kilograms of textiles, electronics and home goods that would have otherwise become waste.

In addition to receiving, sorting and reselling donated goods in-store and online, Salvos Stores have processes to recycle items including rags, paper and cardboard, e-waste, batteries, mobile phones and printer cartridges.



The first Salvos recycling depots in Australia, like the Anchorage in Victoria, opened in the 1880s.

The role of customers in the circular economy is vital, which is one of the many reasons Salvos Stores believe in keeping our community at the forefront.

There is so much more to be done, and Salvos Stores remain dedicated to continually finding new ways to improve environmental impact.

For more information or to shop online, go to salvosstores.com.au – Olivia Hurley

World Environment Day 2022 will be held on Sunday 5 June under the theme Only One Earth, highlighting the need to live sustainably in harmony with nature by bringing transformative changes – through policies and our choices – towards cleaner, greener lifestyles.



Climate change

The level of carbon dioxide in the Earth's atmosphere acts as a blanket and has led to an increase of one degree Celsius since pre-industrial times. This has led to:

- » **More frequent and extreme heatwaves and bushfires**
- » **More evaporation and therefore more rain**
- » **Rising sea levels due to melting polar ice caps**
- » **Coral bleaching and death, as over 90 per cent of the increased heat is stored in the oceans.**

Research shows that climate-change impacts go beyond the environmental impacts. The Intergovernmental Panel on Climate Change (IPCC) predicts with a "very high" level of confidence that climate change will have strong impacts on health, including those resulting from lack of access to clean water and sanitation, changes to the spread of diseases, increased natural disasters and poverty.

We are already experiencing this in Australia, and it's expected to get worse.

Responses to climate change need to both address emissions and allow for adaptation to the changes that are already happening. Unfortunately, people already experiencing disadvantage are more likely to be impacted negatively both by climate change and by measures to adapt. This is because people who are already disadvantaged are less able to prepare for the impact (Such as those experiencing poverty being less able to afford energy costs of maintaining a healthy home or modifications to achieve energy efficiency).



Following **COP26**, the Australian Government forecast achievement of a **35 per cent** cut in emissions by 2030; however, Australia's actual 2030 emissions reduction target remains unchanged at between **26-28 per cent**.



Current state and territory interim targets combined translate to an estimated **37-42 per cent** reduction on 2005 emissions Australia-wide by 2030. While this is short of what is needed, it's higher than Australia's Paris commitment for 2030 of **26-28 per cent** below 2005 levels.



Research suggests that to remain within the **remaining '1.5'** carbon budget, Australia's targets would need to be **74 per cent below** 2005 levels by 2030 and net **zero emissions** by 2035.

What we can do?

AS A NATION

- » **We can be a champion of ambitious climate action in a way that supports the people most vulnerable to climate change.** We need to do this by pursuing a path that scales up Australia's 2030 emissions reduction target, while including measures that strengthen the resilience of communities and support people and the services they rely on to adapt to the effects of climate change.

AS A STATE OR TERRITORY

- » **We can facilitate change in the private sector, especially in attracting investment into renewable technologies.** Government policies around standards, taxes and incentives are a decisive force in driving corporate behaviour and can encourage investment, as well as target specific sources of emissions.

AS A COMMUNITY

- » **We can take action in our local spaces to both lower our own impact and build resilience.** We can plant climate-friendly food and native gardens, organise clean up working bees, join or start community monitoring programs of plants and animals, or engage in resilience planning if our local community is at particular risk.

AS INDIVIDUALS

- » **We can minimise waste, recycle and reuse everyday items, shop ethically and sustainably.** Small changes, implemented consistently by many of us together, can have a huge impact.

Centring yourself on the map of life

Figuring how to get to where we want to go

WORDS Phil Inglis

Since moving to a new city at the beginning of this year, I have used my GPS a lot!

The other night, I was going to meet friends for dinner at their house, and since I had never been there before, I punched the address into my phone's GPS and followed its guidance until I arrived at my destination.

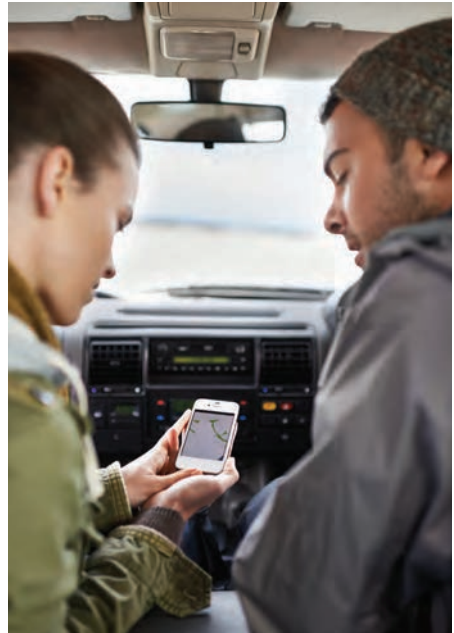
I have used my GPS to get to cafes, conferences and concerts. I have relied on it to get me to shops, work and the airport. I am truly grateful for this technology, and I am sure I am not the only one. Using the GPS has become common practice for many people as they drive, walk, run, cycle and catch public transport.

“

The problem is that maps and destinations are not enough.

”

The other day I was having coffee with someone, and they asked me if I had a street directory. Do you remember those? I was reminded that the fundamental advantage of a GPS over a street directory is that it tells you where you are. It is a Global Positioning System. The same maps exist in the GPS as exist on paper in a street directory, but the GPS adds a digital 'YOU ARE HERE' marker. This is helpful in a new city because it's so



easy to get lost. If we have no 'YOU ARE HERE' marker, our maps are useless, and our destination will be beyond our reach.

MAPS AND DESTINATIONS

When I was growing up, the Bible was described to me as a manual or a roadmap for life. This is certainly true. The Kingdom of God is described as the coming reality in which injustice, imprisonment, separation, conflict, doubt and death are all eliminated, and instead, we live in wisdom, justice, peace, freedom and love. This is the destination, and the Scriptures are the map.



The problem is that maps and destinations are not enough. We need to know where we are in relation to that destination. We need to know if we are near or far. We need to know whether to travel north, south, east, west or any other direction. To complicate things even more, life has ups, downs, shifts and slips. There are sharp turns and U-turns, and there are many times we are just not sure where we are anymore. Not to mention our human tendency to disregard, ignore or miss directions.

“

**If you feel a bit lost in life
... perhaps it might help to
spend some time in prayer.**

”

SAFE U-TURNS

We need a system to help us figure out those times so that we can re-route and get back on track, even if it means that sometimes we have to “perform a U-turn when safe to do so”.

Scriptures by themselves are not enough – we need God. We need divine help in finding ourselves. One man who knew the power of this kind of positional information was King David, who prayed:

“Search me, God, and know my heart;
test me and know my anxious thoughts.
See if there is any offensive way in me,
and lead me in the way everlasting.”
Psalm 139, verses 23-24

If you feel a bit lost in life, if you have great goals and dreams but never seem to reach them, if you have a significant calling but never seem to see it fulfilled, then perhaps it might help to spend some time in prayer.

Ask God to investigate your life, to give you a clear picture of where you are and then ask God to re-route and give you updated guidance.

Major Phil Inglis is a Salvation Army officer (pastor) in Victoria.



Scan here for more
on finding meaning.

Livvy sends 'luv' around the world

Helping save the planet, one face mask at a time

WORDS Jessica Morris

Olivia Earl wants to change the world – well, she wants to play her part. That's why the intrepid 10-year-old, better known as Livvy, learned to sew her own cloth masks this year. But the enterprising youngster from Hobart Salvos is doing more than saving the world from landfills.

When her masks started selling like hotcakes, she decided to donate a portion of the profits to the Salvos – all because she wanted people to know they don't need to hide their imperfections from God.

"I want people to know that you don't have to be special – you are special by yourself. You are perfect the way you are," says Livvy. "Everyone is accepted [by God]."

“

I want people to know that you don't have to be special – you are special by yourself.

”

SAVING WASTE

Livvy's quest to help change the world began in January when she rescued the family sewing machine from the garage – an heirloom her mum says, "has been in the garage longer than Livvy has been alive!"

"I saw that all the single-use masks that were

going to waste, and we had a sewing machine stuffed in the garage. So, I got it out and googled how to make masks," shares Livvy.



Livvy presented Captain Nicole Snead with toiletries for women in need in the local community.

"I didn't really think about selling the masks – I just wanted to make myself one. But my family saw how good they were and wanted to buy them!" she says.

Livvy got creative with fabric and elastic and was soon making beautiful masks for her immediate family. But after a birthday party, everyone started ordering their own unique Livvy creation, and 'Luv Livvy' was born. The burgeoning business also sells bookmarks, bags and scrunchies, and they have shipped orders around the world.

LOVE IN PRACTICE

With a loyal client base came a stream of profits – and that’s when Livvy knew there was more than one way she could change the world. She decided a third of her earnings would go towards a charity, and the Salvos was an obvious choice.

Her father Geoff is a lifelong Salvo from Melbourne who moved to Hobart to marry Meg, Livvy’s mum. Livvy has attended Hobart Salvos since she was four. So, she asked her mum if they could use the money to create women’s care packages. After chatting with Hobart Salvos officers (pastors) Captains Johnmark and Nicole Snead, they went to town, creating gift bags filled with practical, tangible love.

“I chose [to donate to] the Salvos because I know that they help a lot of people, and I thought they would appreciate some bags with toiletries and personal care items. They can help a lot of people out, especially in rough times, and make them feel safe,” Livvy says.

It was a donation that meant the world to the team at Hobart Salvos, who are inspired by her determination to make a difference.



“Livvy was horrified to learn about what happens to disposable face masks and how they just end up in landfill or around an animal’s neck, so she decided to do something about it. How amazing is she!” says Nicole.

As winter hits, Livvy’s current goal is to raise money for those experiencing homelessness in Hobart.

The world is Livvy’s oyster as she expands her repertoire of handmade goods – and every object is made with purpose and a whole lot of love. Something her mum can testify to.

“Livvy lives what she reads in the Bible every day. She really takes on what she learns at church, at school and at home, and embraces it. That’s how she lives,” says Meg.



Livvy quickly learned to make cloth face masks.



Scan here for more on the need for community.

Zucchini fritters



Ingredients

4 cups shredded zucchini, salt, $\frac{2}{3}$ cup plain flour, 2 eggs (beaten), $\frac{1}{3}$ cup spring onions, salt and pepper, 2tbs olive oil, sour cream (optional), spring onions to garnish.

Method

- Put zucchini in a colander over a bowl, sprinkle lightly with salt and let stand for 10 minutes. With your hands, squeeze out as much liquid from the zucchini as possible. Put into a large bowl.
- Add flour, eggs, spring onions and season to taste. Combine.
- Heat olive oil in a frypan. Take 3 table-spoons of zucchini mixture and press lightly into balls. Place into the pan about 4cm apart and lightly flatten.
- Cook 2-3 minutes, then flip once and cook for 2 minutes or until golden brown and cooked through. Transfer to paper-towel lined plate.
- Serve topped with sour cream and sliced spring onions.

Quick quiz

1. How long does it take for carbon dioxide (CO₂) in the atmosphere to disperse?
2. How much of Earth's water is freshwater?
3. How long does it take for a glass jar to decompose?
4. What is the atmospheric layer closest to the ground?
5. What instrument is used to measure wind velocity?
6. The Fujita Scale gives a rating to what natural phenomenon?



Tum-Tum

On which page of this week's *Salvos Magazine* is Tum-Tum hiding?



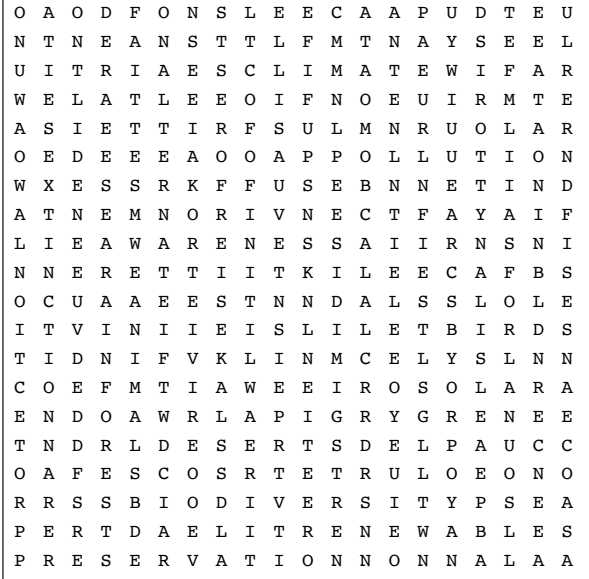
Bible byte

"Lord God Almighty, none is as mighty as you; in all things you are faithful. You rule over the powerful sea; you calm its angry waves."

Psalm 89, verses 8-9
Good News Translation

Wordsearch

Words are hidden horizontally, vertically, diagonally, forwards and backwards. Enjoy!



- Alternate
- Animals
- Awareness
- Biodiversity
- Birds
- Climate
- Deserts
- Disaster
- Energy
- Environment
- Extinction
- Fauna
- Flora
- Forests
- Lakes
- Mountains
- Nature
- Oceans
- Pollution
- Preservation
- Protection
- Rainforests
- Renewables
- Solar
- Wildlife
- Wind

HAVE A LAUGH



What do snowmen call their offspring?
Chill-dren.

What did Jack Frost say to Frosty the Snowman?
"Have an ice day!"

What do you call it when a snowman throws a temper tantrum?
A meltdown.

DID YOU KNOW?

5 June is World Environment Day.

The first World Environment Day was held in 1973.

The 2022 theme, 'Only One Earth', focuses on living sustainably in harmony with nature.

Sweden will host World Environment Day 2022, 50 years since the first UN Conference on the Human Environment, the 1972 Stockholm Conference.

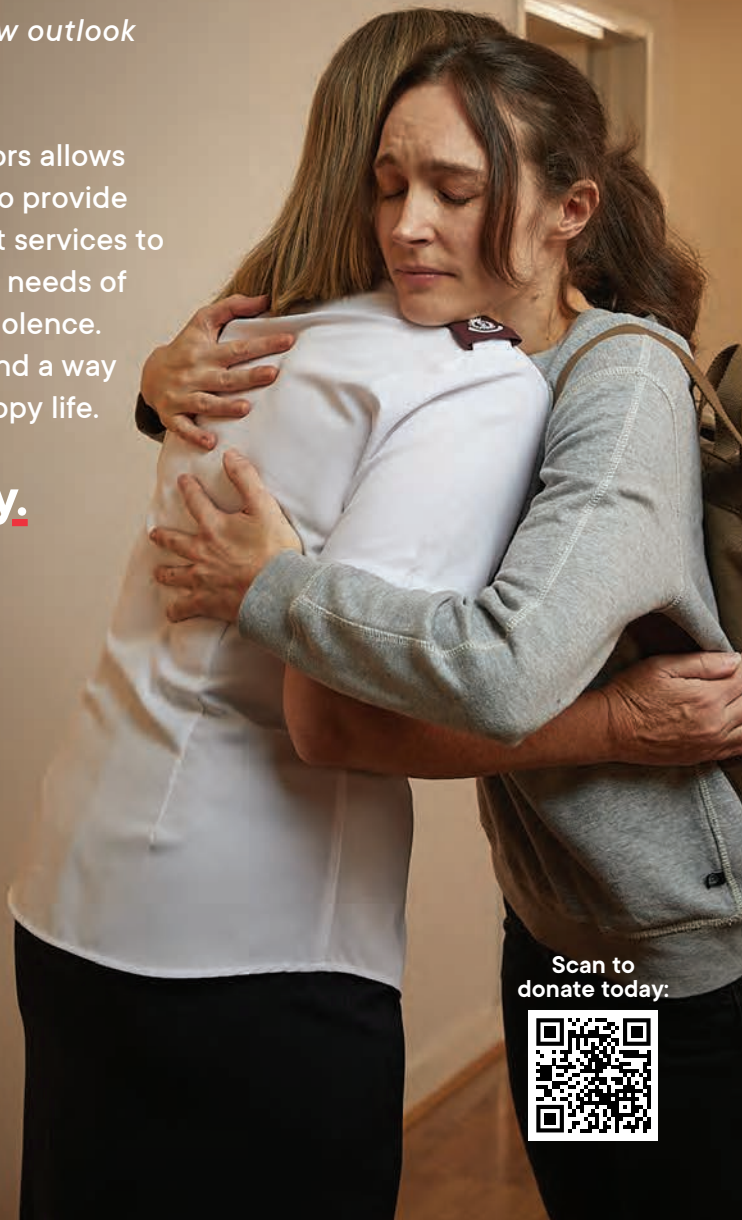
Answers: 1. 100 years 2. About 2.5 per cent 3. 40,000 years 4. Troposphere 5. Anemometer 6. Tornadoes
Turn-Turn: is hiding in the masks on page 13.

A WAY BACK TO HOPE

"I've got a whole new outlook on life." - Chloe

The kindness of donors allows The Salvation Army to provide wrap-around support services to address the complex needs of someone escaping violence. You can help them find a way back to a full and happy life.

Donate today.



Scan to donate today:



Red Shield Appeal
Leave no one in need